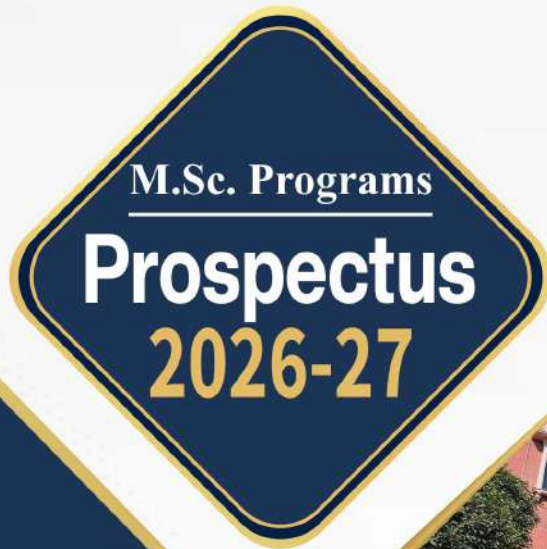




National Institute of Ayurveda

Deemed to be University, Jaipur
(Ministry of Ayush, Govt. of India)



Get in Touch

Tel: 0141-2635292, 2635740, 2635744

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Address:

Jorawar Singh Gate, Amer
Road, Jaipur-302002 (Rajasthan)



Find Us at

www.nia.nic.in

www.nia.edu.in



It is with great pride and profound responsibility that I present the Prospectus for the Master of Science (M.Sc.) Programmes at the National Institute of Ayurveda, Jaipur. Our institution stands at the confluence of timeless Ayurvedic wisdom and cutting-edge scientific inquiry, dedicated to nurturing scholars who will carry forward the legacy of Ayurveda in its fullest, most authentic form.

The six M.Sc. programmes we offer are not merely academic courses — they represent pioneering efforts to conserve, rejuvenate, and innovate within the vast and multifaceted realm of Ayurveda. From the meticulous preservation and critical study of ancient Ayurvedic manuscripts in the Manuscriptology programme, to the advanced clinical and research applications in Marmalogy and Sports Medicine, Saundarya Ayurveda, Ayurveda Diet and Nutrition, Ayur-Yoga Preventive Cardiology, and Vrikshayurveda — each course embodies a holistic vision.

These programmes are carefully designed to integrate classical Ayurvedic principles with modern methodologies and scientific rigour. They address pressing contemporary health challenges — from lifestyle diseases and cardiovascular disorders to sustainable herbal cultivation — through interdisciplinary education, research, and clinical excellence.

Our Department of Manuscriptology ensures the safeguarding of India's invaluable Ayurvedic textual heritage by employing advanced techniques in manuscript conservation, digitisation, and scholarly research. Marmalogy and Sports Medicine bridges ancient therapeutic wisdom with modern rehabilitation sciences. The Saundarya Ayurveda programme stands at the forefront of integrating Ayurvedic aesthetics with today's beauty sciences, promoting truly holistic wellness.

The Departments of Ayurveda Diet and Nutrition and Ayur-Yoga Preventive Cardiology exemplify Ayurveda's timeless relevance in preventive and lifestyle medicine. The Vrikshayurveda programme underlines our commitment to environmental stewardship and sustainable healthcare by fostering expertise in medicinal plant conservation and cultivation.

I invite aspiring scholars, practitioners, and researchers to join us on this transformative journey — to explore, learn, and contribute to the renaissance of Ayurveda, guided by the highest standards of knowledge, ethics, and scientific inquiry. Together, we will preserve the past, enrich the present, and inspire the future of Ayurveda.

Prof. Sanjeev Sharma

Vice Chancellor, National Institute of Ayurveda, Jaipur



It is a matter of profound pride to present the National Institute of Ayurveda (Deemed to be University), Jaipur, as a premier seat of higher learning and research. In an era marked by evolving global health challenges, NIA remains committed to bridging classical Ayurvedic wisdom with modern medical innovation. Our institution stands at the forefront of fostering evidence-based integration, advanced methodologies, and translational research to pioneer new paradigms in holistic healthcare.

To realize this vision, we introduce six cutting-edge Master of Science (M.Sc.) programmes across our specialised departments, each designed to cultivate world-class experts:

Ayurveda Manuscriptology: Spearheading the preservation, critical study, and digitization of historical medical texts through modern paleography and conservation sciences.

Marmalogy and Sports Medicine: Pioneering an integrative clinical approach that merges traditional Marma therapy with contemporary sports rehabilitation and trauma care.

Saundarya Ayurveda: Developing clinical experts in scientifically validated, evidence-backed aesthetic medicine to replace synthetic formulations with holistic, herbal alternatives.

Ayurveda Diet and Nutrition: Integrating classical nutritional wisdom with modern clinical dietetics to engineer personalized, constitution-based dietary interventions against lifestyle disorders.

Ayur Yoga Preventive Cardiology: Offering a breakthrough integrative model that combines Ayurveda and Yoga for comprehensive, sustainable cardiovascular care and stress management.

Vrikshayurveda: Merging ancient agricultural treatises with modern ecological science to lead in phytopharmaceutical development, organic farming, and sustainable herbal supply chains.

These specialized curricula are meticulously crafted for forward-thinking medical professionals, researchers, and academicians who are eager to validate Ayurveda through rigorous scientific frameworks.

I invite you to embark on this transformative academic journey at NIA. Together, let us innovate, preserve, and elevate Ayurveda as a scientifically rigorous, globally recognized pillar of modern medicine.

Prof. Sarvesh Kumar Agrawal,
Dean, Faculty of Interdisciplinary Studies

ABBREVIATIONS

Abbreviation	Full Form
NIA	National Institute of Ayurveda
DU	Deemed to be University
M.Sc.	Master of Science
NCISM	National Commission for Indian System of Medicine
IDS	Interdisciplinary Studies
ADN	Ayurveda Diet and Nutrition
AYPC	Ayur-Yoga Preventive Cardiology
MSM	Marmalogy and Sports Medicine
SA	Saundarya Ayurveda
VA	Vrikshayurveda
AM	Ayurveda Manuscriptology
NAAC	National Assessment and Accreditation Council
NABH	National Accreditation Board for Hospitals
NABL	National Accreditation Board for Testing and Calibration Laboratories
FSSAI	Food Safety and Standard Authority of India
BAMS	Bachelor of Ayurveda Medicine and Surgery
M.D. (Ayu.)	Doctor of Medicine in Ayurveda
M.S. (Ayu.)	Master of Surgery in Ayurveda
DDDU	Drug Discovery and Development Unit
ROTP	Reorientation Training Programme
DRC	Departmental Research Committee
UGC	University Grants Commission

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Brief History

The National Institute of Ayurveda (Deemed to be University) is an apex Institute under the Ministry of AYUSH, Government of India, for promoting the growth and development of Ayurveda as a model Institute for evolving high standards of Teaching, Training, Research, and Patient Care — and also to invoke a scientific outlook into the Ayurvedic System of Healthcare. The City of Jaipur was established 288 years ago, and linking with this heritage, the Institute has a glorious tradition of approximately 151 years, when the Department of Ayurveda was established in 1865 in the Maharaja Sanskrit College, Jaipur, which gained renown as the "Jaipur School of Thought".

An independent Ayurvedic College was established in August 1946 by the Government of Rajasthan, and this College was merged to form the National Institute of Ayurveda — known as NIA — on 7th February 1976. NIA was among the very few Ayurvedic Colleges in the country to introduce Post-Graduate Education in Ayurveda as early as 1970. The Institute has now achieved Deemed to be University (De-Novo) status with effect from 09/11/2020.

After its establishment in 1976, the Institute has grown tremendously in Teaching, Training, Research, and Patient Care. It now offers 20 specialties for Post-Graduate Education (14 M.D./M.S. (Ayu.) and 6 M.Sc. Interdisciplinary) as well as a Regular Fellowship Programme leading to Ph.D. In addition, Graduation Courses, Diploma Courses in AYUSH Nursing and Pharmacy, and various Certificate Courses are also offered. NIA recently secured first position in QCI Ranking (October 2024) and in the Prakruti Parikshan (December 2024) across all of India. The 50th Golden Jubilee of NIA's Founding Day was celebrated on 7th February 2025.

Location

The Institute is located in Jaipur, the capital of Rajasthan State. Jaipur — a world heritage city — is popularly known as "The Pink City of India", a name derived from its many pink sandstone buildings. The Institute is situated approximately 8 kilometres from the Railway Station and about 15 kilometres from the Airport at Jorawar Singh Gate, Amer Road, Jaipur – 302002.

Campus

The main campus of the Institute comprises several multi-storeyed buildings housing both Academic and Hospital complexes. The Academic Complex accommodates 20 Teaching Departments, attached Laboratories, Chambers for Teachers, Offices, Seminar Halls, Museums, Lecture Theatres, and Classrooms fitted with modern teaching aids including DLP Projectors, Audio-Visual Aids, Library, and an Advanced Simulation Lab (NAAC accredited).

The Hospital Complex houses a 300-bedded NABH-accredited Hospital with IPD services, OPDs, Special OPDs (Cancer Unit, De-Addiction Unit, Manas Rog Unit, Garbhasanskar Unit, Panchakarma Unit), a NABL-accredited Central Laboratory, Drug Discovery and Development Unit (DDDU), Deluxe Wards, Cottage Wards, and Yoga Unit. There are 5 separate multi-storeyed hostels for Boys and Girls, a Virtual Dissection Table, Regional Raw Drug Repository (Western Region), GMP-certified Pharmacy, Staff Quarters, Guest House, Crèche facility, College and Hospital Canteen, and Dhanwantri Upvan. A well-furnished Auditorium with a capacity of 500 seats is also available. A NIA City Hospital with 20 beds operates at Bombaywala Hospital, 4 km from the main campus, along with four Satellite Clinics providing OPD services across Jaipur

Vision

The primary vision envisaged for the Institute is to help and contribute to the globalisation of Ayurveda, and to upgrade the Institute to the level of National Importance and a Centre of Excellence, by providing the following services:

1. Best quality of Ayurvedic education leading to Graduate, Post-Graduate, and Post-Doctoral Degree levels.
2. Diploma Courses in AYUSH Nursing and Pharmacy.
3. Short-Term Certificate courses, Teaching, and Training in various fields of Ayurveda.
4. Providing the best treatment facilities, including Specialised Treatments, to the general public.
5. Undertaking Scientific Research in various aspects of Ayurveda.
6. To attain the status of "Institute of National Importance".

Mission

1. Improving the quality of higher education in Ayurveda.
2. Introduction of more PG and Fellowship Programmes and Training in various aspects.
3. Promoting the interdisciplinary approach to achieve integrated education.
4. Implementing Practice-Based Research in treatment to give a scientific outlook to Patient Care Activities in Ayurveda.
5. Undertaking various Research Activities for the welfare of mankind.
6. Foreign Exposure Training Programmes for foreigners interested in Ayurveda.
7. Providing expertise in Ayurveda to foreign students interested in the discipline.

Objectives

1. To promote the Growth and Development of Ayurveda.
2. To produce Graduates and Post-Graduates in all Ayurveda and Interdisciplinary branches.
3. To conduct Research on various aspects of Ayurveda.
4. To provide Medical Care through the Ayurvedic System of Medicine to the suffering humanity.
5. To provide and assist in providing services and facilities of the highest order for Research, Evaluation, Training, Consultation, and Guidance in the Ayurvedic System of Medicine.
6. To conduct Experiments and develop Patterns of Teaching at Under-Graduate and Post-Graduate levels in all branches of Ayurveda.

Functions

1. Under-Graduate, Post-Graduate, and Ph.D. level Programmes leading to BAMS, MD/MS (Ayurved), M.Sc. (Interdisciplinary Studies), and Ph.D. (Ayurved).
2. Training to Medical Officers and Teachers of Ayurveda as sought by other State Governments.
3. Diploma in AYUSH Nursing and Pharmacy, and Panchakarma Technician Course.
4. Certificate Courses for Ksharasutra, Standardisation of Ayurvedic Medicinal Plant Material, Advanced Beauty Care in Ayurveda, Nutrition and Dietetics in Ayurveda, and related fields.
5. Conducting ROTP, CME, TOT, and similar programmes for Teachers, Medical Officers, and Physicians of the country.
6. Collaborative Research with national-level institutions and with foreign countries interested in Ayurveda.
7. Foreign Exposure Training Programmes.
8. Undertaking PPP Projects for Specialised Treatments, Training, and Research.
9. Providing Ayurvedic treatment to the general public through OPD and IPD services.
10. Active participation in Arogya Melas, Exhibitions, etc.
11. Conducting National and International Seminars, Conferences, and Webinars.

[TO BE PUBLISHED IN THE GAZETTE OF INDIA PART-I SECTION-1]

No.F.9/3/2018-U.3 (A)

Government of India
Ministry of Human Resource Development
Department of Higher Education
ICR Division

Shastri Bhawan, New Delhi
Dated: 09 November, 2020

NOTIFICATION

Whereas, the Central Government is empowered under Section 3 of the University Grants Commission (UGC) Act, 1956 to declare, on the advice of the UGC, an Institution of higher learning as a Deemed to be University.

2. **And whereas**, an application was received on 20.08.2019 for grant of Deemed to be University status (under De-novo category) to National Institute of Ayurveda, Jaipur, Rajasthan (NIA) under Section 3 of the UGC Act, 1956.

3. **And whereas**, the application was forwarded to UGC for examination and advice as per the UGC (Institutions Deemed to be Universities) Regulations, 2019.

4. **And whereas**, UGC constituted an Expert Committee to recommend whether the application of National Institute of Ayurveda, Jaipur, Rajasthan may be considered under de-novo category. The Expert Committee held in its meeting on 25th November, 2019 recommended that National Institute of Ayurveda, Jaipur (Rajasthan) may be issued the letter of Intent (LoI) by the Government of India with the condition that the institute shall prepare detailed syllabi for the courses to be offered in the following departments and also recruit faculty with the qualifications as per the norms of Central Council of Indian Medicine (CCIM):

- (i) Department of Ayurveda Manuscriptology
- (ii) Department of Ayur-yoga Preventive Cardiology
- (iii) Department Marma Chikitsa and Sports Medicine
- (iv) Department of Vrikshayurveda (Preservation, Cultivation, Development)
- (v) Department of Ayurveda Diet and Nutrition (Poshanhar)
- (vi) Department of Saundarya Ayurveda

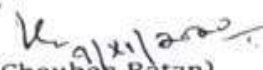
5. **And whereas**, the above recommendations of the UGC Expert Committee were considered and approved by the Commission in its 545th Meeting held on 19.12.2019.

6. **And whereas**, taking into consideration the advice of UGC, the Central Government issued letter of Intent (LOI) valid for a period of three years to the National Institute of Ayurveda, Jaipur (Rajasthan) with the condition that the Institute shall prepare detailed syllabi for the courses to be offered in the above six departments and also recruit faculty with the qualifications as per the norms of CCIM.

7. **And further whereas**, the institute had submitted the compliance with regard to the conditions mentioned in Lol. The compliance report was forwarded to UGC for examining and sending its comments to this Ministry. In response, UGC sent its comments that the National Institute of Ayurveda has fulfilled the conditions stipulated in the Lol.

8. **Now, therefore**, taking into consideration the advice of UGC and its further clarification on the compliance report of National Institute of Ayurveda, Jaipur, the Central Government, in exercise of the powers conferred by Section 3 of the UGC Act, 1956, hereby declares **National Institute of Ayurveda, Jaipur, Rajasthan as an Institution deemed to be University under De-novo category** for a provisional period of five years subject to conditions that National Institute of Ayurveda shall recruit the required number of faculty as per the norms of UGC and CCIM before starting academic activities and adhere to the conditions contained in the UGC (Institutions Deemed to be Universities) Regulations, 2019.

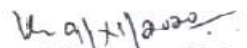
9. The declaration as made in Para 8 above is further subject to fulfilment of the conditions mentioned at Sr. No.3 of the endorsement to this Notification;


(Kamini Chauhan Ratan)
Joint Secretary to the Government of India
Tel: 011-23382433

The Manager,
Government of India Press,
Ring Road, Mayapuri,
Delhi - 110064.

Copy forwarded to: -

1. The Secretary, UGC, Bahadurshah Zafar Marg, New Delhi - 110002
2. The Principal Secretary (Higher & Technical Education), State Government of Rajasthan Block-IV, Dr. S. Radhakrishnan Shiksha Sankul, Jawahar Lal Nehru Marg, Jaipur, Rajasthan 302015
3. Prof. Sanjeev Sharma, Director, National Institute of Ayurveda, Jaipur, Rajasthan, Jorawar Singh Gate, Amer Road Jaipur-302002. The declaration as made in Para 8 of this Notification shall be further subject to compliance with / fulfilment of the conditions contained in relevant rules and regulations issued from time to time by UGC and Statutory body /bodies as the case may be.
4. Press Information Bureau, Shastri Bhawan, New Delhi-110001.
5. The Secretary, Central Council of Indian Medicine (CCIM), Jawahar Lal Nehru Bhartiya Chikitsa Avam Homoeopathy Anusandhan Bhawan, 61-65, Institutional Area, Janakpuri "D" Block, New Delhi-110058.
6. The Secretary-General, Association of Indian Universities, A.I.U. House, 16, Kotla Marg, New Delhi - 110002.
7. The Web Master, Department of Higher Education, Shastri Bhawan, New Delhi with the request to issue necessary instructions to the CMIS Unit to display this notification on the website of Department of Higher Education.
8. Guard file / Notification file.


(Kamini Chauhan Ratan)
Joint Secretary to the Government of India
Tel: 011-23382433

Hostel Facilities

The Institute provides separate hostels for male and female students, with 445 seats in the campus and at Jawahar Nagar. A Guest House is also available for visiting scholars and short-term residential workshops.

S.No.	Hostel	No. of Buildings	Seats
1.	UG Boys Hostel	2	117
2.	PG Boys Hostel	1	134
3.	UG & PG Girls Hostel	2	169
4.	Diploma Nursing Girls Hostel	1	5
5.	Ph.D./PG Hostel in Flats	—	20

All hostels are equipped with TV/LCDs, Guest Rooms, Refrigerators, Water Coolers, RO Water Purifiers, Lifts, Solar Water Heating Systems, and Newspaper facilities. Boys' Hostels include SLR (65 rooms), Nagarjun (93 rooms), and Agnivesh (90 rooms). Well-furnished dining halls serve healthy, nutritive meals. A Branch of Central Bank of India operates within the campus.

Library Facilities

The Institute's extensive Library holds approx. 41000+ books including reference and research publications, subscribes to approx. 84 Journals and Newspapers. The Book Bank holds 8500+ books for distribution to students. The Library remains open for 24 hours on all working days. Reading room facilities are provided with current journals, magazines, bulletins, and dailies

- Central library with an extensive collection of Ayurvedic texts, journals, periodicals, and digital resources.
- Departmental library with access to rare manuscript collections in both physical and digitised formats.
- Online access to research databases, including Ayurveda-specific archives.
- Video and Audio Unit with Photo Copier, TV, VCR, LCD Projector, and Audio-Video materials on Ayurveda and Medicinal Plants.

Digital Infrastructure

- High-speed internet and Wi-Fi across campus.
- Computer labs with software for document analysis, linguistic tools, and OCR technology.
- Access to learning management systems for online coursework and resources.

Health and Wellness

- On-campus Ayurvedic hospital and wellness centre with round-the-clock free health facility for students and staff.
- Emergency unit offering quick and free health service for any emergency health condition.
- Free ambulance service for referral to higher healthcare centres.
- Routine medical check-ups and comprehensive healthcare facilities.

Other Facilities

GMP-certified Pharmacy
Drug Discovery and Development Unit (DDDU)
Auditorium (500 seats)
IT Centre
Herbal Garden (Dhanwantri Upvan)
300-bedded NABH-accredited Hospital
Canteen and Cafeteria
Sports and Recreational Facilities

For More Information, Visit:

www.nia.nic.in

www.nia.edu.in

Email: dean_ids@nia.edu.in

Phone: 0141-2636476

Fax: 0141-2635471

The Institute conducts Interdisciplinary Post-Graduate Education for the award of the M.Sc. Degree in the following 6 specialities:

S.No.	Programme Name
1.	Ayurveda Diet and Nutrition (Poshanahar)
2.	Ayurveda Manuscriptology
3.	Ayur-Yoga Preventive Cardiology
4.	Marmalogy and Sports Medicine (Marma Chikitsa evam Kreedha Bhesaja)
5.	Saundarya Ayurveda (Ayurveda Cosmetology)
6.	Vrikshayurveda (Preservation, Cultivation and Development of Medicinal Plants)

ELIGIBILITY FOR ADMISSION

S.No.	Programme	Seats	Eligibility Criteria
1.	M.Sc. in Ayurveda Diet and Nutrition	5	BAMS / BHMS / BUMS / BNYS / MBBS / B.Sc. Dietetics / M.Sc. Dietetics / B.Sc. Food and Nutrition / B.Voc. Nutrition, Exercise and Health from a recognised university. Aspirants must be registered in the state or central register.
2.	M.Sc. in Ayurveda Manuscriptology	5	BAMS / BHMS / BUMS / BNYS / MBBS / M.A. Sanskrit from a recognised university. Aspirants must be registered in the state or central register.
3.	M.Sc. in Ayur-Yoga Preventive Cardiology	5	BAMS / BHMS / BUMS / BNYS / Other AYUSH graduates / MBBS who have completed compulsory internship. Aspirants must be registered in the state or central register.
4.	M.Sc. in Marmalogy and Sports Medicine	5	BAMS / BHMS / BUMS / BSMS / BNYS / MBBS / B.Sc. (Sports Medicine) / B.PT from a recognised university.
5.	M.Sc. in Saundarya Ayurveda	5	BAMS / BUMS / BHMS / BYN / MBBS or equivalent medical degree / B.Sc. in Skin Care and Aesthetic Medicine from a recognised university.
6.	M.Sc. in Vrikshayurveda	5	B.A.M.S. / B.Sc. (Agriculture) / B.Sc. (Horticulture) / B.Sc. (Forestry) with minimum 50% marks from a recognised university.

Application Process

Application forms can be filled and submitted ONLY through the online mode from our website www.nia.nic.in . Forms submitted in any other mode will not be considered and will be summarily rejected.

Application Fee (Gen/OBC)	Rs. 500/- per programme
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Application Fee (SC/ST/EWS)	Rs. 300/- per programme
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Starting Date of Application	03 rd of September, 2026
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Closing Date of Application	23 rd of September, 2026
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Website	www.nia.nic.in
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How to Apply

- Candidates must apply through the online portal at www.nia.nic.in
- Applications must include self-attested copies of all certificates, mark sheets, and qualifications.
- The Institute will not consider any other format or proforma.
- Application Fee once paid will not be refunded under any circumstances.

Invalid Applications

Applications are liable to be rejected on the following grounds:

- Applications received after the closing date.
- Candidates not having the required qualification.
- Applications that are incomplete or illegible in any manner.
- Applications submitted without the prescribed Application Fee.
- Applications sent via any mode other than the online portal.

Mode of Selection

Admission will be made on the basis of merit secured in the Screening Test / Interview / Both, to be conducted by the National Institute of Ayurveda, Jaipur.

- If applications exceed 10 per seat, a Screening Test will be conducted; otherwise, selection will be based on interview.
- In the Screening Test, 50% of marks will be from the respective field and remaining 50% from General Knowledge, Current Affairs, and Computer Knowledge.
- Detailed scheme of the question paper and syllabus will be notified on the admission portal at a later date.

Fee Structure

Year	Fee Amount	Remarks
First Year M.Sc.	Rs. 37,650/-	Includes refundable security deposit of Rs. 8,000/- , Rest Rs. 29,650/- is Non-Refundable.
Second Year M.Sc.	Rs. 26,650/-	No refundable component

Medium of Training

Sanskrit, Hindi, and English shall be the medium for Post-Graduate training and Project Work. The question papers will be set in Sanskrit / Hindi / English, and candidates may answer in any of these languages.

Leave Policy for Post-Graduate Scholars

1. 24 days of casual leave in an academic year.
2. 6 months maternity leave for female scholars; 15 days paternity leave for male scholars (once during study period), as per Government of India notification.
3. 10 days of term leave after completion of the 1st academic year.
4. 20 days of academic leave may be granted during the entire PG course for research, seminars, or workshops at other institutions (on HOD recommendation).
5. For participation in seminars/conferences, candidates shall be paid a maximum of Rs. 2,000/- or the actual registration fee, for a maximum of 2 occasions during the entire course duration.
6. Any leave can be availed only after submitting a written application to the HOD.
7. Absence for more than 30 days without prior intimation will result in automatic termination of admission.
8. Students are not permitted to undertake paid employment or self-employment during the course. N.O.C. must be obtained before applying for any new position.



National Institute of Ayurveda

Deemed to be University (De-Novo)

(MINISTRY OF AYUSH, GOVT. OF INDIA)

REGISTRAR OFFICE

E-mail:- registrar@nia.edu.in



No. F. 2(10) UGC-FEE REFUND POLICY/REG/NIA/2024/2136

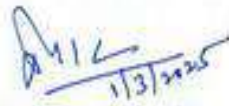
Dated : 25-07-2024

OFFICE ORDER

This is to apprise that the vice-chancellor as per UGC letter No. D.O No. F. 2-71/2022 (CPP-II) dated 03-07-2023 & D.O No. F. 2-71/2022 (CPP-II) (C-114546) dated 12-06-2024 on account of refund of fee of all cancellation of admission/migration during the academic session, the following fee refund policy for NIA, Deemed University, Jaipur is notified as under:-

1. Notwithstanding anything contained in any guidelines/ prospectus/ notification/ schedule, a full refund of fees shall be made on account of all cancellations of admissions/migrations of students up to 30 September 2024 and with a deduction of not more than Rs. 1,000, as a processing fee, up to 31 October 2024.
2. For any admission schedule extending/commencing beyond/after 31 October 2024, the provisions contained in the UGC Notification issued in October 2018 on Refund of Fees and Non-Retention of Original Certificates shall apply (reproduced below for ready reference):

Category	Percentage of Refund of fees*	Point of time when notice of withdrawal of admission is received in the HEI
(1)	100%	15 days or more before the formally notified last date of admission
(2)	90%	Less than 15 days before the formally notified last date of admission
(3)	80%	15 days or less after the formally notified last date of admission
(4)	50%	30 days or less, but more than 15 days after formally notified last date of admission
(5)	00%	More than 30 days after formally notified last date of admission


(PROF. ANITA SHARMA)
REGISTRAR (I/C)

SWAYAM PORTAL NOTIFICATION

As per the instructions approved by the Academic Council, the online courses available on the SWAYAM PORTAL and similar portals operated by the Government of India are mandatory for prospective students. It is mandatory for students of the respective programmes to complete the specified number of online courses during their regular course duration.

S.No.	Programme Name	Online Courses to be Completed
1.	M.Sc. (IDS) Programme	1 Course during the programme duration

Programme M.Sc. in Marmalogy and Sports Medicine (Marma Chikitsa Evam Kreedha Bhesaja)

Course Code NIA/M.Sc./MSM

Duration Two Years | Four Papers per Year | 5 Seats

About the Programme

The M.Sc. in Marmalogy and Sports Medicine is designed for individuals who wish to explore Marma science in the context of musculo-skeletal disorders and sports injuries. The programme blends deep academic study with practical application of Marma science, and contributes to research in Ayurveda.

Programme Objectives

1. **Holistic Health Approach:** Combining modern sports medicine with Ayurvedic techniques such as Marma therapy, Panchakarma, Physiotherapy, and Yoga to enhance general health and well-being.
2. **Sports Injury Management:** Training students to identify, treat, and facilitate recovery from sports injuries using both traditional and contemporary techniques.
3. **Performance Enhancement:** Using scientific and Ayurvedic methods to maximise physical fitness and athletic performance.
4. **Research and Innovation:** Encouraging research and the creation of novel approaches in Marmalogy and Sports Medicine.
5. **Interdisciplinary Knowledge:** Bringing together traditional knowledge and contemporary research for a thorough grasp of sports and health.
6. **Career Readiness:** Preparing postgraduates for roles in research facilities, wellness centres, sports academies, and healthcare settings.

Vision

To develop the Department of Marmalogy and Sports Medicine as a 'Centre of Excellence' to serve the Nation and the World by advocating methods for the prevention and treatment of diseases through this programme.

Mission

- To produce experts with full knowledge of sports medicine and the application of Ayurvedic principles in sports medicine.
- To provide a healthy environment where education, research, and technology go hand in hand.
- To produce quality doctors by imparting quality training, helping them develop careers in Marmalogy and Sports Medicine.
- To provide the best treatment to sportspersons and patients with musculo-skeletal disorders.
- To develop the preventive, curative, and rehabilitative potential of Marmalogy and Sports Medicine.

Programme Outcomes

1. Foundational Knowledge

Demonstrate comprehensive knowledge of human anatomy, physiology, biomechanics, exercise physiology, and the fundamental principles of sports medicine and musculoskeletal sciences.

2. Scientific Understanding

Explain the biological, physiological, and pathological mechanisms underlying human movement, physical performance, injury, and recovery using evidence-based scientific principles.

3. Clinical Assessment Skills

Perform systematic assessment of musculoskeletal conditions, sports injuries, functional movement, physical fitness, and athletic performance using standardized clinical and diagnostic techniques.

4. Diagnostic Reasoning

Interpret clinical findings, laboratory reports, imaging, and functional assessment data to identify sports-related injuries and musculoskeletal disorders, and formulate appropriate clinical judgments.

5. Therapeutic and Rehabilitation Competence

Design, implement, and evaluate individualized rehabilitation, exercise prescription, injury prevention, and performance enhancement programs for diverse populations, including athletes.

6. Evidence-Based Practice

Critically appraise scientific literature and integrate current research evidence into clinical decision-making, sports injury management, and rehabilitation practice.

7. Research and Innovation

Design and conduct independent research using appropriate methodologies, statistical analyses, and scientific writing skills to contribute to advancements in sports medicine and musculoskeletal health.

8. Professionalism and Ethical Practice

Demonstrate ethical conduct, professional integrity, patient-centered care, legal compliance, and effective communication while collaborating with multidisciplinary healthcare and sports science teams.

9. Leadership and Sports Healthcare Management

Exhibit leadership, teamwork, and organizational skills in planning, managing, and evaluating sports medicine services, rehabilitation programs, athletic health initiatives, and interdisciplinary collaborations.

10. Lifelong Learning and Global Competence

Engage in continuous professional development, adopt emerging technologies and innovations, and contribute to the advancement of sports medicine, musculoskeletal rehabilitation, and public health at national and international levels.

Course Structure — Year 1

S.No.	Paper	Course Name	Hours (Theory)
1.	Paper 1	Basic Fundamentals of Ayurveda	50 Hrs.
2.	Paper 2	Basic Fundamentals of Anatomy, Lifestyle and Personal Hygiene	50 Hrs.

3.	Paper 3	Basic Fundamentals of Physiology and Marma Vigyana	50 Hrs.
4.	Paper 4	Basic Fundamentals of Sports Medicine	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Course Structure — Year 2

S.No.	Paper	Course Name	Hours (Theory)
1.	Paper 1	Applied Aspects of Sports Medicine	50 Hrs.
2.	Paper 2	Applied Sports Sciences	50 Hrs.
3.	Paper 3	Clinical Sports Medicine	50 Hrs.
4.	Paper 4	Marma Chikitsa and Sports Physical Therapy	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Project Work

Every candidate pursuing this M.Sc. Degree will be required to carry out a project work every year on selected topics under the mentorship of a teacher in their respective subject and department.

Assessment

- Guidelines adopted are issued by UGC and other statutory bodies from time to time in respect of the conduct of examinations.
- The Academic Body of the University determines the units of evaluation — tests, seminars, presentations, class performance, fieldwork, and Project Work.
- Tests and examinations aim at evaluating the student's understanding and analytical ability.
- Minimum attendance required for eligibility to appear in examinations shall not be less than 75% of total lectures, tutorials, seminars, and practicals.

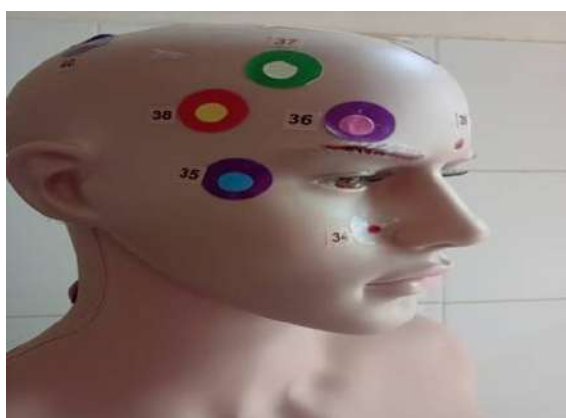
Programme-Specific Facilities

- Asthi Sandhi Marma Unit — OPD 32
- Physiotherapy Unit with modern rehabilitation equipment

Career Opportunities

- Academics:** Teaching and research positions at universities and institutions focused on Marma science and Sports.
- Researcher:** Exploring ancient and modern applications of Marma science in musculo-skeletal disorders.
- Consultant:** Specialising in Marma therapy for healing and wellness.
- Clinical Practice:** Opportunity to develop own Marma Clinic, Ayurvedic Sports Injury Clinic, and Sports Injury Hospital.
- Sports Teams:** Opportunity to collaborate with state, national, and international sports teams.

TEACHING FACULTY		
S.No.	Name	Designation
1.	Prof. P. Hemantha Kumar	Professor & Head
2.	Prof. Suman Sharma	Professor
3.	Prof. Narinder Singh	Professor
4.	Dr. Manorma Singh	Sr. Assistant Professor
5.	Dr. Rahul Sharma	Assistant Professor (Contractual)
6.	Dr. Purushothaman M P	Assistant Professor (Contractual))



Programme

M.Sc. in Ayur-Yoga and Preventive Cardiology

Course Code

NIA/M.Sc./PC

Duration

Two Years | Four Papers per Year | 5 Seats

About the Programme

The M.Sc. in Ayur-Yoga Preventive Cardiology is a unique two-year postgraduate programme that integrates the ancient systems of Ayurvedic medicine and Yoga with modern cardiological research. It prepares graduates to address cardiovascular challenges through a holistic, evidence-based approach.

Programme Objectives

1. **Integration of Ayurveda and Yoga:** Teaching students to integrate Ayurvedic principles and Yoga practices in the prevention, management, and rehabilitation of cardiovascular diseases.
2. **Research-Driven Curriculum:** Equipping students with skills to conduct research in preventive cardiology, focusing on Ayur-Yoga-based interventions.
3. **Health Promotion and Prevention:** Training students to design and implement preventive strategies and wellness programmes for heart disease.
4. **Clinical Expertise:** Providing hands-on experience in assessing and managing cardiovascular diseases using modern diagnostic tools alongside traditional Ayurvedic methods.
5. **Global Perspective:** Creating professionals who can work in various healthcare settings globally, promoting heart health using evidence-based practices.

Vision

To create a holistic, heart-healthy society by integrating the timeless wisdom of Ayurveda and Yoga for the prevention, management, and reversal of cardiovascular diseases, promoting natural well-being, longevity, and balanced living.

Mission

- **Prevent CVDs:** Empowering individuals with Ayurvedic principles and Yoga practices to prevent heart diseases through natural, sustainable lifestyle modifications.
- **Holistic Heart Health:** Integrating Ayurvedic diet, herbal remedies, Panchakarma, and rejuvenation therapies with Yoga to enhance cardiovascular strength.
- **Mind-Body Harmony:** Implementing Yoga asanas, pranayama, and meditation to reduce stress, regulate blood pressure, and improve heart function.
- **Preventive Healthcare:** Spreading awareness through workshops, retreats, digital platforms, and community outreach on Ayurvedic heart care.
- **Research & Integration:** Encouraging scientific research on Ayur-Yoga Cardiology to bridge traditional wisdom with modern healthcare.
- **Heart-Healthy Society:** Advocating a balanced lifestyle (Dinacharya and Ritucharya) for physical, mental, and emotional well-being.

Programme Outcomes

- **Understanding:** Profound understanding of both modern and traditional systems of medicine.
- **Clinical Proficiency:** Proficiency in using Ayurvedic practices and Yoga in the prevention and management of cardiovascular diseases.
- **Programme Design:** Ability to design, implement, and assess wellness programmes aimed at promoting heart health.
- **Research Skills:** Skills to conduct independent research in Ayur-Yoga for preventive cardiology.
- **Professional Readiness:** Prepared to work in multidisciplinary teams in hospitals, wellness centres, and rehabilitation clinics.
- **Entrepreneurship:** Qualifications to set up private consultancy services focusing on cardiovascular health.

Course Structure — Year 1

S.No.	Paper	Course Name	Hours
1.	Paper 1	Fundamentals of Ayurveda, Research and Bio-Statistics	50 Hrs.
2.	Paper 2	Comprehensive Fundamentals of Cardiac Anatomy and Physiology	50 Hrs.
3.	Paper 3	Comprehensive Cardiovascular Pathology	50 Hrs.
4.	Paper 4	Scope of Ayur-Yoga Preventive Cardiology	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Course Structure — Year 2

S.No.	Paper	Course Name	Hours
1.	Paper 1	Comprehensive Practical Cardiology (Hrid Roga-Rogi Pariksha)	50 Hrs.
2.	Paper 2	Ayur-Yoga Cardiology — Treatment Principles and Therapeutic Approach	50 Hrs.
3.	Paper 3	Fundamentals of Ayurveda in Preventive Cardiology	50 Hrs.
4.	Paper 4	Principles of Yoga in Preventive Cardiology	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Project Work

Every candidate pursuing this M.Sc. Degree will be required to carry out a project work every year on selected topics under the mentorship of a teacher in their respective subject and department.

Assessment

1. Guidelines adopted are issued by UGC and other statutory bodies from time to time in respect of the conduct of examinations.
2. The Academic Body of the University determines the units of evaluation — tests, seminars, presentations, class performance, fieldwork, and Project Work.
3. Tests and examinations aim at evaluating the student's understanding and analytical ability.

4. Minimum attendance required for eligibility to appear in examinations shall not be less than 75% of total lectures, tutorials, seminars, and practicals.

Programme-Specific Facilities

- Advanced cardiovascular diagnostic labs.
- Ayurveda and Yoga therapy centres for hands-on training.
- Research and Innovation Centres for cutting-edge studies.

Career Opportunities

- **Academics:** Teaching and research in cardiovascular Ayurveda at universities and research institutions.
- **Clinical Practice:** Specialist in Ayur-Yoga cardiology in hospitals and wellness centres.
- **Research:** Conducting independent research in preventive cardiology with Ayurvedic interventions.
- **Entrepreneurship:** Setting up private consultancy for cardiovascular health management.
- **Public Health:** Designing community wellness and heart disease prevention programmes.

Faculty

TEACHING FACULTY		
S.No.	Name	Designation
1.	Prof. H. M. L. Meena	Professor & Head
2.	Prof. R. K. Joshi	Professor (Contractual)
3.	Prof. Udai Raj Saroj	Professor
4.	Dr. Deepti Bisht	Associate Professor (Contractual)
5.	Dr. Abhishek Upadhyaya	Assistant Professor
6.	Dr. Rohit Kumar	Assistant Professor (Contractual)



Programme

M.Sc. in Ayurveda Diet and Nutrition (Poshanahar)

Course Code

NIA/M.Sc./ADN

Duration

Two Years | Four Papers per Year | 5 Seats

About the Programme

This two-year programme offers a comprehensive exploration of the ancient science of Ayurveda, focusing on its practical application in contemporary dietary and nutritional contexts. The programme delves into fundamental principles — including Prakriti, Vikriti, Doshas, and Agni — and their relevance to personalised nutrition. Through practical training including culinary workshops and clinical case studies, graduates will become skilled Ayurvedic diet and nutrition consultants.

Programme Objectives

1. **Comprehensive Knowledge:** Gaining a thorough understanding of Ayurvedic principles and their application in diet and nutrition.
2. **Integration of Knowledge:** Acquiring skills to integrate Ayurvedic dietary principles with contemporary nutritional knowledge.
3. **Classical Ahara Principles:** Enriching knowledge of food modifications in maintaining health and managing diseases; understanding herbs, spices, and Ayurvedic supplements.
4. **Practical Skills:** Equipping students with skills to assess individual Prakriti and formulate personalised dietary recommendations; hands-on experience in preparing Ayurvedic meals and therapeutic diets (Pathya Kalpana).
5. **Professional Practice:** Training students to become competent practitioners and researchers in clinics, hospitals, and research institutions.
6. **Research and Innovation:** Encouraging research and critical thinking to advance the field of Ayurveda Diet and Nutrition.
7. **Public Health Awareness:** Educating students on the role of Ayurveda Diet and Nutrition in promoting public health and preventing lifestyle disorders.

Vision

To cultivate a new generation of scholars and professionals through advanced M.Sc. programmes that integrate classical Ayurvedic dietary wisdom with modern nutritional science, becoming a leading academic and research hub dedicated to promoting holistic health, personalised nutrition, and sustainable wellness practices globally.

Mission

- **Integrate Ayurvedic Nutrition:** Promote awareness and practice of Ayurvedic dietary guidelines tailored to individual constitution (Prakriti), seasonal changes (Ritucharya), and life stages.

- **Preserve and Innovate:** Preserve traditional Ayurvedic knowledge while fostering innovation through research and evidence-based nutrition science.
- **Educate and Empower:** Offer comprehensive educational programmes, workshops, and resources to train healthcare professionals and nutritionists.
- **Community Wellbeing:** Develop accessible dietary models addressing malnutrition, lifestyle disorders, and chronic diseases.
- **Collaborate for Impact:** Partner with academic institutions, government bodies, and global health organisations to mainstream Ayurveda-based nutritional practices.

Programme Outcomes

- **Formulate Tailored Therapeutic Diets:** Students will gain expertise in effectively applying the principles of Ayurveda and designing Ahara (diet) plans that address specific Rogas (diseases) and promote Swasthya (health), incorporating Dravya Guna (pharmacological properties) of foods. Create and adapt recipes and menus that follow the principles of ayurveda.
- **Conduct Dietary Assessments:** Conduct comprehensive dietary assessments and provide personalized dietary recommendations based on Ayurvedic and modern nutritional principles.
- **Integrate Modern and Traditional Knowledge:** Integrate modern scientific knowledge with traditional Ayurvedic wisdom to provide holistic dietary solutions.
- **Conduct Research:** Design and conduct research studies in Ayurveda Diet and Nutrition, contributing to the advancement of the field.
- **Provide Clinical Expertise:** Offer expert clinical advice on the management of lifestyle disorders through Ayurvedic dietary interventions.
- **Educate and Advocate:** Educate individuals and communities on the benefits of Ayurvedic diet and nutrition for health promotion and disease prevention.

Course Structure — Year 1

S.No.	Paper	Course Name	Hours
1.	Paper 1	Basics of Ayurveda	50 Hrs.
2.	Paper 2	Ayurveda Lifestyle	50 Hrs.
3.	Paper 3	Ayurveda Food and Nutrition	50 Hrs.
4.	Paper 4	Modern Food and Nutrition	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Course Structure — Year 2

S.No.	Paper	Course Name	Hours
1.	Paper 1	Ayurveda Ahara and Seasonal Diet	50 Hrs.
2.	Paper 2	Ahara Samskara and Kritanna Varga	50 Hrs.
3.	Paper 3	Diet According to Prakriti, Age and Occupation	50 Hrs.
4.	Paper 4	Diet According to Diseases	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Project Work

Every candidate pursuing this M.Sc. Degree will be required to carry out a project work every year on selected topics under the mentorship of a teacher in their respective subject and department.

Assessment

1. Guidelines adopted are issued by UGC and other statutory bodies from time to time in respect of the conduct of examinations.
2. The Academic Body of the University determines the units of evaluation — tests, seminars, presentations, class performance, fieldwork, and Project Work.
3. Tests and examinations aim at evaluating the student's understanding and analytical ability.
4. Minimum attendance required for eligibility to appear in examinations shall not be less than 75% of total lectures, tutorials, seminars, and practicals.

Programme-Specific Facilities

- Ayurveda kitchen and food demonstration unit.
- Ayurveda OPD/IPD dietary counselling units.
- Hands-on preparation of Ayurvedic meals and therapeutic diets (Pathya Kalpana).
- Facility for research in Ayurveda nutrition, including formulation development and clinical trials.
- Regular certificate courses, workshops, and seminars.
- Guest lectures by subject experts and clinical practitioners.

Career Opportunities

- **Ayurvedic Clinics:** Working as Ayurvedic diet and nutrition consultants providing personalised dietary recommendations.
- **Wellness Centres:** Offering Ayurvedic dietary counselling and lifestyle management services.
- **Research Institutions:** Conducting research on Ayurvedic diet and nutrition.
- **Food & Nutraceutical Industry:** Developing Ayurvedic food products and nutraceuticals.
- **Academic Institutions:** Teaching and conducting research in Ayurveda and nutrition.
- **Sports Nutrition:** Providing Ayurvedic-based dietary advice to athletes and sportspersons.
- **Entrepreneurship:** Specialised culinary services, innovative product development, and personalised consultations.

Faculty

TEACHING FACULTY		
S.No.	Name	Designation
1.	Prof. Durgawati Devi	Professor & Head
2.	Prof. Kiran Shrivastav	Professor (Contractual)
3.	Dr. Kamla R. Nagar	Associate Professor (Contractual)



Programme

M.Sc. in Ayurveda Manuscriptology

Course Code

NIA/M.Sc./AMSS

Duration

Two Years | Four Papers per Year | 5 Seats

About the Programme

The M.Sc. in Ayurveda Manuscriptology is designed for individuals who wish to explore, conserve, and decode ancient Ayurvedic manuscripts. The programme blends deep academic study with hands-on practical experience in deciphering ancient texts, applying modern conservation techniques, and contributing to research. This unique course offers a chance to be part of an emerging field with global relevance.

Programme Objectives

1. **Preserve Cultural Heritage:** Equipping students with expertise in the conservation, restoration, and cataloguing of Ayurvedic manuscripts using time-tested and modern techniques.
2. **Enhance Understanding of Classical Texts:** Deepening students' understanding of Ayurvedic principles, preparing them to interpret and apply ancient wisdom in contemporary contexts.
3. **Promote Cutting-Edge Research:** Encouraging research in Ayurveda's textual traditions, empowering students to make significant contributions to new discoveries and insights.

Vision

To establish the M.Sc. Programme in Ayurveda Manuscriptology as a pioneering academic initiative dedicated to the preservation, study, and revitalisation of ancient Ayurveda documented in manuscripts — integrating traditional knowledge systems with modern methodologies to safeguard India's rich textual heritage for future generations.

Mission

- **Comprehensive Training:** Providing academic and practical training in the principles of manuscriptology, including documentation, palaeography, and interpretation of Ayurvedic texts in various scripts.
- **Skill Development:** Facilitating competency-based learning through workshops, expert interactions, and field-based experiences.
- **Scientific Conservation:** Promoting scientific conservation and digitisation of rare Ayurvedic manuscripts using advanced techniques.
- **Scholarly Publication:** Encouraging scholarly publication and critical editing of manuscript content.
- **Outreach:** Engaging in outreach activities raising awareness about manuscript heritage and its contemporary relevance.
- **Quality Manpower:** Providing knowledge of research tools and methods mentioned in ancient Ayurveda texts to produce quality manpower for preservation of Indian medical heritage.

Programme Outcomes

- **Research and Exploration:** Equip scholars with the tools to research and explore unexplored Ayurvedic Manuscripts, contributing to the expansion of this field.
- **Textual Analysis and Editing:** Train specialists who can critically analyze and interpret the occult themes within Ayurveda, contributing to scholarly work that enhances the understanding of these texts.
- **Connecting Ancient Knowledge with Modern Science:** Scholars will be able to explore ancient Ayurvedic knowledge in the context of modern scientific advancements, paving the way for new horizons in textual research.

Course Structure — Year 1

S.No.	Paper	Course Name	Hours
1.	Paper 1	Fundamentals of Ayurveda Texts and Research Methodology	50 Hrs.
2.	Paper 2	Basics of Manuscriptology and Collection of Manuscripts	50 Hrs.
3.	Paper 3	Preservation and Cataloguing of Manuscripts	50 Hrs.
4.	Paper 4	Writing of Manuscripts	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Course Structure — Year 2

S.No.	Paper	Course Name	Hours
1.	Paper 1	Indian Scripts and Ayurveda Manuscripts	50 Hrs.
2.	Paper 2	Textual Criticism	50 Hrs.
3.	Paper 3	Editing and Publication of Texts	50 Hrs.
4.	Paper 4	Ayurveda Manuscriptology	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Project Work

Every candidate pursuing this M.Sc. Degree will be required to carry out a project work every year on selected topics under the mentorship of a teacher in their respective subject and department.

Assessment

1. Guidelines adopted are issued by UGC and other statutory bodies from time to time in respect of the conduct of examinations.
2. The Academic Body of the University determines the units of evaluation — tests, seminars, presentations, class performance, fieldwork, and Project Work.
3. Tests and examinations aim at evaluating the student's understanding and analytical ability.
4. Minimum attendance required for eligibility to appear in examinations shall not be less than 75% of total lectures, tutorials, seminars, and practicals.

Programme-Specific Facilities

- Manuscript Resource Centre with controlled temperature and humidity for preservation, cataloguing, and conservation of ancient Ayurvedic manuscripts.
- Digitisation and Archiving Unit — scanners, cameras, and imaging tools for digitising palm-leaf, birch bark, and paper manuscripts.
- Translation and Editing Lab for translation into regional and international languages.
- Hands-on training in manuscript preservation, digitisation, and editing.
- Field visits to libraries, mutts, and private collections housing traditional manuscripts.

Career Opportunities

- **Academic and Research:** Manuscriptologist/Research Scholar; Lecturer/Assistant Professor; Doctoral Research; Textual Analyst for rare Ayurvedic manuscripts.
- **Cultural Heritage:** Manuscript Conservation Specialist; Heritage Consultant with IGNCA, NMM; Curator or Archivist.
- **Publishing and Editorial:** Editor and Commentator for classical Ayurvedic texts; Translator; Ayurvedic Content Developer.
- **Digital Humanities:** Digital Archivist; OCR and Script Technology Specialist; Project Manager for digitisation initiatives.
- **Government Opportunities:** Consultant/Advisor for Ministry of AYUSH, CCRAS, NMM, or UNESCO projects.

Faculty

TEACHING FACULTY		
S.No.	Name	Designation
1.	Prof. Asit K. Panja	Professor & Head
2.	Dr. Praveen Kumar B.	Assistant Professor
3.	Mr. Anil Kumar Sharma	Assistant Professor — Sanskrit (Contractual)
4.	Dr. Vidyadhish Kashikar	Assistant Professor
5.	Dr. Jiji U Nair	Assistant Professor (Contractual)
6.	Ms. Kirti Singhal	Assistant Professor (Contractual)



Programme

M.Sc. in Saundarya Ayurveda (Ayurveda Cosmetology)

Course Code

NIA/M.Sc./SAYU

Duration

Two Years | Four Papers per Year | 5 Seats

About the Programme

The M.Sc. in Saundarya Ayurveda is a specialised postgraduate programme that integrates Ayurvedic principles with scientific approaches in cosmetology and wellness. This programme emphasises evidence-based, holistic methodologies for enhancing health and aesthetic well-being through Ayurvedic interventions.

Programme Objectives

1. **Trained Human Capital:** Developing trained human capital for delivering authentic Ayurveda beauty care.
2. **Integration:** Integrating traditional knowledge and practices in beauty care with contemporary developments.
3. **Product Development:** Developing natural beauty care products following Ayurvedic principles.
4. **Career Opportunities:** Encouraging Ayurveda professionals to pursue careers and initiate start-ups in Ayurveda Beauty Care sectors.
5. **Comprehensive Capability:** Developing capabilities and knowledge across all segments of beauty care.

Vision

To provide scholars with training in a personalised and holistic approach to Ayurvedic Beauty Care and Cosmetology. The department aims to develop standard procedure protocols for skin and hair conditions, translate and publish ancient manuscripts related to Saundarya, promote natural and sustainable ingredients in cosmetic practices, and contribute to research and development in Ayurveda Cosmetology.

Mission

- **Natural Ingredients:** Promoting the use of natural and sustainable ingredients in cosmetic practices.
- **Medicinal Plants:** Exploring the utilisation of medicinal plants in Ayurveda cosmetology.
- **Ethnomedicinal Aspects:** Exploring ethnomedicinal aspects of Ayurveda cosmetology.
- **Research:** Evaluating medicinal plants used in cosmetology through laboratory research.
- **R&D:** Contributing to research and development in the field of Ayurveda Cosmetology.
- **Integration with Technology:** Integrating Ayurveda and contemporary technology for upgradation in Saundarya Ayurveda.
- **Holistic Approach:** Including a holistic approach through adoption of Yoga, Panchakarma, Marma, and other therapies.

Programme Outcomes

- Basic understanding of skin care, hair care and beauty according to Ayurveda Siddhanta.
- Recognize and categorize the various body constituents of the health seeker.
- Enable to advice the appropriate beauty care regime according to Ayurveda.
- Enrich the knowledge to tackle the impact of seasonal variations on skins, hairs, nails and other aspects of beauty.
- Enable to enhance the skill for diagnostic and treatment aspects in the field of Saundarya Ayurveda.
- Enable to learn medicinal plants or herbs used in Ayurveda through research and practical aspects.
- Enable to prepare various cosmetic products as per Ayurveda.
- Enable to understand every facet of health viz. physical, mental, social and emotional domain of the health seeker.

Course Structure — Year 1

S.No.	Paper	Course Name	Hours
1.	Paper 1	Fundamentals of Ayurveda	50 Hrs.
2.	Paper 2	Basic Concepts of Cosmetology in Ayurveda	50 Hrs.
3.	Paper 3	Herbs of Beauty	50 Hrs.
4.	Paper 4	Basic Procedures of Beauty	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Course Structure — Year 2

S.No.	Paper	Course Name	Hours
1.	Paper 1	Skin Care and Diseases	50 Hrs.
2.	Paper 2	Hair Care and Diseases	50 Hrs.
3.	Paper 3	Beauty Products and Panchakarma	50 Hrs.
4.	Paper 4	Yoga and Entrepreneurship Skills	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Project Work

Every candidate pursuing this M.Sc. Degree will be required to carry out a project work every year on selected topics under the mentorship of a teacher in their respective subject and department.

Assessment

1. Guidelines adopted are issued by UGC and other statutory bodies from time to time in respect of the conduct of examinations.
2. The Academic Body of the University determines the units of evaluation — tests, seminars, presentations, class performance, fieldwork, and Project Work.
3. Tests and examinations aim at evaluating the student's understanding and analytical ability.

4. Minimum attendance required for eligibility to appear in examinations shall not be less than 75% of total lectures, tutorials, seminars, and practicals.

Programme-Specific Facilities

- Prakriti (skin and body type) analysis facilities.
- Skin and hair diagnostic tools — dermoscopy and hydration meters.
- Herbal facials, Ayurvedic face packs, Lepana (herbal pastes), and Ubtan (natural exfoliation).
- Mukha Abhyanga (Ayurvedic facial massage) and Keshya Chikitsa (hair therapy) for dandruff, hair fall, and scalp health.
- Preparations of Ayurvedic formulations and customised cosmetic product development.
- Wellness and lifestyle counselling for beauty.

Career Opportunities

- **Entrepreneurship:** Establishing and managing Ayurvedic beauty clinics, wellness centres, or launching a line of Ayurvedic beauty products.
- **Cosmetic Industry:** Working with cosmetic brands specialising in Ayurvedic or herbal products.
- **Hospital and Resort Sector:** Many high-end resorts and wellness centres integrate Ayurvedic beauty and wellness treatments.
- **Teaching and Research:** Graduates can enter the educational field as lecturers or researchers in Ayurvedic cosmetology.

Faculty

TEACHING FACULTY		
S.No.	Name	Designation
1.	Prof. Sudipta Kumar Rath	Professor & Head
2.	Dr. Jagriti Sharma	Associate Professor (Contractual)
3.	Dr. Vaishali Khatale	Assistant Professor
4.	Dr. PC Prachisha	Assistant Professor
5.	Dr. Laxmi Sharma	Assistant Professor (Contractual)
6.	Dr. Abhishek Singh Sagar	Assistant Professor (Contractual)

PHOTO GALLERY — SAUNDARYA AYURVEDA



Programme	M.Sc. in Vrikshayurveda (Preservation, Cultivation and Development of Medicinal Plants)
Course Code	NIA/M.Sc./VAYU
Duration	Two Years (Four Papers per Year 5 Seats)

About the Programme

Vrikshayurveda is a specialised branch dedicated to promoting sustainable and holistic approaches to plant cultivation rooted in Ayurvedic wisdom. The M.Sc. in Vrikshayurveda offers students an opportunity to explore Ayurvedic wisdom for the development of high-quality plants, with special focus on the cultivation, conservation, and enhancement of medicinal plants through traditional and organic practices. This innovative programme addresses the growing global demand for quality herbal resources.

Programme Objectives

1. **Conservation and Sustainable Development:** To conserve medicinal plant species, especially endangered and vulnerable ones, and promote their sustainable cultivation through traditional and eco-friendly methods.
2. **Traditional Knowledge and Research:** To explore, document, and scientifically validate the traditional practices of Vrikshayurveda for improving plant health, efficacy, and yield.
3. **Skill Development:** To train students, farmers, and professionals in organic farming, post-harvest management, and processing techniques.
4. **Market Integration:** To study demand-supply trends, assess export potential, and align the herbal sector with global standards, contributing to national revenue.

Vision

To develop comprehensive knowledge and practical skills in the field of medicinal plant conservation, cultivation, and utilisation. To integrate Vrikshayurveda with interdisciplinary sciences such as Botany, Agriculture, Horticulture, Pharmacognosy, Phytochemistry, and Pharmacology. To promote sustainable, eco-friendly practices for ensuring a consistent supply of high-quality medicinal plants.

Mission

- Integrating Vrikshayurveda with interdisciplinary sciences including Botany, Agriculture, Horticulture, Pharmacognosy, Phytochemistry, and Pharmacology.
- Promoting sustainable, eco-friendly practices for ensuring a consistent supply of high-quality medicinal plants.
- Empowering students and professionals to meet the growing global demand for herbal medicine.
- Preparing agro-entrepreneurs and professionals to lead in phytopharmaceutical development and organic farming.

Programme Outcomes

- **Understand the Global Relevance of Medicinal Plants:** Gain a deep understanding of the significance and growing demand for medicinal plants in the global healthcare and herbal industry, and their role in traditional and modern medicine.
- **Address Sectoral Challenges with Sustainable Solutions:** Be equipped to identify key challenges such as overexploitation, loss of potency, and environmental degradation, and apply traditional and scientific methods to ensure sustainable supply, optimal utilization, and conservation of medicinal plants.
- **Master Production and Quality Evaluation Techniques:** Learn advanced techniques for cultivating medicinal plants using organic and eco-friendly methods, along with skills to assess the quality and therapeutic efficacy of plant materials.
- **Manage the Entire Medicinal Plant Supply Chain:** Acquire practical knowledge of post-harvest processing, value addition, packaging, storage, marketing, and export potential— enabling them to efficiently manage the full supply chain.

Course Structure — Year 1

S.No.	Paper	Course Name	Hours
1.	Paper 1	Ayurveda and Research Foundations	50 Hrs.
2.	Paper 2	Plant Biology and Pathology	50 Hrs.
3.	Paper 3	Phytochemistry and Pharmacognosy of Medicinal Plants	50 Hrs.
4.	Paper 4	Tools and Techniques for Analysis of Medicinal Plant Raw Materials	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Course Structure — Year 2

S.No.	Paper	Course Name	Hours
1.	Paper 1	Plant Production and Organic Farming	50 Hrs.
2.	Paper 2	Conservation, Collection and Cultivation of Medicinal Plants	50 Hrs.
3.	Paper 3	Plant Genetics and Breeding Techniques	50 Hrs.
4.	Paper 4	Medicinal Plant Business and Regulations	50 Hrs.

Practical Training — 400 Hrs. and Experiential Learning — 600 Hrs.

Project Work

Every candidate pursuing this M.Sc. Degree will be required to carry out a project work every year on selected topics under the mentorship of a teacher in their respective subject and department.

Assessment

1. Guidelines adopted are issued by UGC and other statutory bodies from time to time in respect of the conduct of examinations.
2. The Academic Body of the University determines the units of evaluation — tests, seminars, presentations, class performance, fieldwork, and Project Work.

3. Tests and examinations aim at evaluating the student's understanding and analytical ability.
4. Minimum attendance required for eligibility to appear in examinations shall not be less than 75% of total lectures, tutorials, seminars, and practicals.

Programme-Specific Facilities

- Dedicated Herbal Garden — a diverse collection of medicinal plants for practical training in identification, cultivation, and conservation.
- Organic Farming Units — hands-on experience in sustainable agriculture techniques.
- Nursery Management Unit — live propagation, seed treatment, and care practices following classical methods.
- Post-Harvest Processing Lab — facilities for drying, storage, grading, and packaging to maintain pharmacological quality.
- Preparation Units for Traditional Inputs — Vrikshayurveda-based organic fertilisers, pest repellents, and growth enhancers.
- Smart Classrooms and Digital Library — access to rare manuscripts and digital resources.

Career Opportunities

- **Medicinal Plant Expert:** Guiding organic and sustainable farming practices for medicinal plants.
- **Herbal Industry:** Raw material sourcing, quality control, R&D, and formulation in herbal industries.
- **Agro-Entrepreneur:** Starting herbal nurseries, organic farms, or value-added product units.
- **Conservation Specialist:** Working with NGOs and government bodies on conservation of endangered species.
- **Research Associate:** Interdisciplinary research in Ayurveda, botany, pharmacognosy, or sustainable agriculture.
- **Academic:** Teaching opportunities in Ayurvedic colleges and agricultural universities.

Faculty

TEACHING FACULTY		
S.No.	Name	Designation
1.	Prof. Sumit Nathani	Head of Department
2.	Dr. Tarun Sharma	Assistant Professor
3.	Dr. Nitesh L. Shambharkar	Assistant Professor
4.	Dr. Mayukh Sharma	Assistant Professor (Contractual)
5.	Mr. Kheta Ram	Assistant Professor — Vrikshayurveda (Contractual)

PHOTO GALLERY — VRIKSHAYURVEDA



PM Shri Narendra Modi Dedicates NIA to the Nation as Deemed to be University



NIA, Jaipur dedicated to the Nation as Deemed to be University by Hon'ble Prime Minister Shri Narendra Modi on the 5th Ayurveda Day, 13th November 2020.

NIA Main Campus — Jaipur



Campus Facilities



ADMINISTRATIVE OFFICERS AND CONTACT DETAILS

S.No.	Name of Officer	Designation	Email ID
1.	Prof. Sanjeev Sharma	Vice Chancellor	vc@nia.edu.in
2.	Prof. P. Hemantha Kumar	Professor (SAG), Pro-Vice-Chancellor & Chairman, Anti-Ragging Committee	p.hemantha.shalya@nia.edu.in
3.	Prof. Anita Sharma	Registrar (I/c)	registrar@nia.edu.in
4.	Prof. Udai Raj Saroj	Medical Superintendent	udai.kc@nia.edu.in
5.	Prof. Harish Bhakuni	Deputy Medical Superintendent	dms@nia.edu.in
6.	Prof. Anupam Shrivastav	Dean (Research)	anupam.rsbk@nia.edu.in
7.	Prof. Chhaju Ram Yadav	Dean (Ph.D.)	dean_phd@nia.edu.in
8.	Prof. Gopesh Mangal	Dean (Postgraduate Studies)	dean_pg@nia.edu.in
9.	Prof. H.M.L. Meena	Public Information Officer (PIO), Dean (Undergraduate Studies) & Chairman, Admission Board	ugdean@nia.edu.in
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11.	Prof. Sunil Kumar Yadav	Dean (Student Welfare & Alumni Affairs)	sunil.yadav.rs@nia.edu.in
12.	Prof. Sudipta Kumar Rath	Dean (International Studies & Foreign Student Affairs)	dean_isfsa@nia.edu.in
13.	Prof. Sarvesh Kumar Agrawal	Dean (Interdisciplinary Courses), Deputy Controller of Examinations & IQAC Coordinator	dean_ids@nia.edu.in
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19.	Prof. Rajendra Kumar Sharma	Pharmacy In-charge	rajendra.rsbk@nia.edu.in

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28.	Prof. Rakesh Kumar Nagar	Media Coordinator	mediacell@nia.edu.in
29.	Prof. Abhimanyu Kumar	Ombudsperson	ak_ayu@yahoo.co.in

1. Agad Tantra

S.No.	Name	Designation
1.	Prof. Anita Sharma	Professor & Head
2.	Prof. Sharad Kumar Porte	Professor
3.	Dr. Amol Kadu	Sr. Assistant Professor
4.	Dr. Dinesh Kumawat	Assistant Professor
5.	Dr. Maya	Assistant Professor

2. Bala Roga

S.No.	Name	Designation
1.	Prof. Rakesh Kumar Nagar	Professor & Head
2.	Prof. Sri Nidhi Kumar K.	Professor
3.	Dr. Brahm Dutt Sharma	Sr. Assistant Professor
4.	Dr. Vishal Nandlal Prajapati	Assistant Professor
5.	Dr. Choudhary Naresh Kumar Babulal	Assistant Professor

3. Dravyagun Vigyan

S.No.	Name	Designation
1.	Prof. Sudipta Kumar Rath	Professor & Head
2.	Prof. Sumit Nathani	Professor
3.	Dr. Tarun Sharma	Assistant Professor
4.	Dr. Vaishali Khatale	Assistant Professor
5.	Dr. Nitesh Laxman Shambharkar	Assistant Professor
6.	P.C. Prachisha	Assistant Professor

4. Kayachikitsa

S.No.	Name	Designation
1.	Prof. H.M.L. Meena	Professor & Head
2.	Prof. Udai Raj Saroj	Professor
3.	Prof. Ajay Kumar Sahu	Professor
4.	Prof. Harish Bhakuni	Professor
5.	Dr. Pravin Shamrao Sawant	Associate Professor
6.	Dr. Bharat Kumar Padhar	Sr. Assistant Professor

7.	Dr. Abhishek Upadhyaya	Sr. Assistant Professor
8.	Dr. Rashmi Mutha	Sr. Assistant Professor
9.	Dr. Muniraj	Assistant Professor
10.	Dr. Akshaykumar Vinodbhai Solanki	Assistant Professor

5. Maulik Siddhanta

S.No.	Name	Designation
1.	Prof. Nisha Gupta	Professor & Head
2.	Prof. Asit Kumar Panja	Professor
3.	Prof. Shailza Kumari	Professor
4.	Dr. Vidhyadish A.R. Kashikar	Assistant Professor
5.	Dr. Abhijit B.R. Kumbhar	Assistant Professor
6.	Dr. Praveen Kumar B.	Assistant Professor
7.	Dr. Ankit Bhardwaj	Assistant Professor
8.	Dr. Anil Kumar Sharma	Assistant Professor Sanskrit

6. Panchkarma

S.No.	Name	Designation
1.	Prof. Gopesh Mangal	Professor & Head
2.	Dr. Sarvesh Kumar Singh	Associate Professor
3.	Dr. Kshipra Rajoria	Sr. Assistant Professor
4.	Dr. Vipin Tanwar	Assistant Professor
5.	Dr. Pooja Rani	Assistant Professor
6.	Dr. Anusree D.	Assistant Professor

7. Prasuti Tantra and Striroga

S.No.	Name	Designation
1.	Prof. Bharathi Kumarmanglam	Professor & Head
2.	Prof. B. Pushpalatha	Professor
3.	Dr. Poonam Choudhary	Sr. Assistant Professor
4.	Dr. Sonu	Sr. Assistant Professor
5.	Dr. Jyotsna Thakur	Assistant Professor

8. Ras Shastra

S.No.	Name	Designation
1.	Prof. Anupam Shrivastav	Professor & Head
2.	Prof. Rajendra Prasad Sharma	Professor
3.	Prof. Sanjay Kumar	Professor
4.	Prof. Mohar Pal Meena	Professor
5.	Dr. Sakitha K. S.	Sr. Assistant Professor
6.	Dr. Thakur Rakesh Singh	Sr. Assistant Professor
7.	Dr. Reetesh Ramnani	Assistant Professor

9. Rog Nidan and Vikriti Vigyan

S.No.	Name	Designation
1.	Prof. Surendra Kumar Sharma	Professor & Head
2.	Prof. B.K. Sevatkar	Professor
3.	Dr. Reetu Sharma	Associate Professor
4.	Dr. Preeti Gavli	Assistant Professor
5.	Dr. Manita Ahlawat	Assistant Professor
6.	Dr. Deshmukh Prashant Nareshrao	Assistant Professor

10. Shalakya Tantra

S.No.	Name	Designation
1.	Prof. Shamsa Fiaz	Professor & Head
2.	Prof. Gulab Pamnani	Professor
3.	Prof. Aparna Sharma	Professor
4.	Prof. Prabhakar Vardhan	Professor
5.	Dr. Hitesh Bhati	Assistant Professor

11. Shalya Tantra

S.No.	Name	Designation
1.	Prof. P. Hemantha Kumar	Professor & Head
2.	Prof. Ashok Kumar	Professor
3.	Prof. Suman Sharma	Professor
4.	Prof. Narinder Singh	Professor
5.	Prof. B. Swapna	Professor
6.	Dr. Manorma Singh	Sr. Assistant Professor
7.	Dr. Lokendra Pahadiya	Assistant Professor

12. Sharir Kriya

S.No.	Name	Designation
1.	Prof. Chhaju Ram Yadav	Professor & Head
2.	Prof. Mahendra Prasad	Professor
3.	Dr. Bhanu Pratap Singh	Assistant Professor
4.	Dr. Rashmi Prakash Gurao	Assistant Professor
5.	Dr. Rohan Singh	Assistant Professor

13. Sharir Rachana

S.No.	Name	Designation
1.	Prof. Sunil Kumar	Professor
2.	Prof. Sunil Kumar Yadav	Professor & Head
3.	Prof. Vikash Bhatnagar	Professor
4.	Prof. Sandeep Madhukar Lahange	Professor
5.	Dr. Neha Udainiya	Sr. Assistant Professor
6.	Dr. Isha Herswani	Assistant Professor
7.	Dr. Dharmendra Choudhary	Assistant Professor

14. Swastha Vritta and Yoga

S.No.	Name	Designation
1.	Prof. Durgavati Devi	Professor & Head
2.	Prof. Sarvesh Kumar Agrawal	Professor
3.	Prof. Ravi Kumar	Professor
4.	Dr. Punit Chaturvedi	Assistant Professor
5.	Dr. Sangeeta Verma	Assistant Professor
6.	Dr. Swati	Assistant Professor

