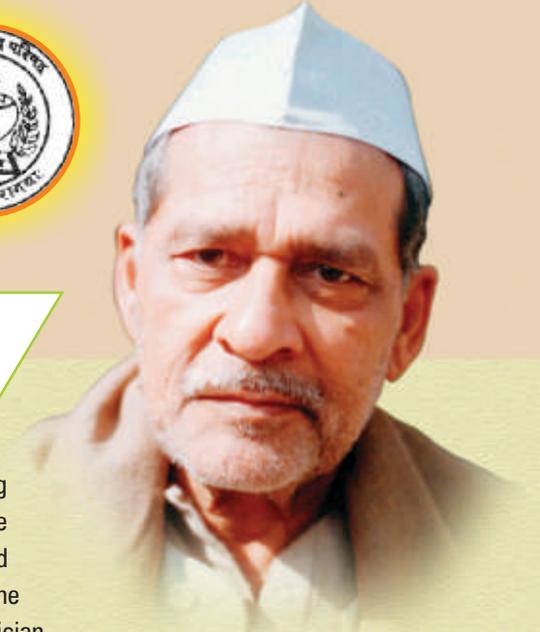


# विश्व आयुर्वेद परिषद Vishwa Ayurved Parishad

Registered Under Society's Registration Act 21 of 1860 No. 420/97-98  
Website: www.vishwaayurveda.org



## Dr. GANGA SAHAY PANDEY MEMORIAL All India Essay Competition-2015 (For U.G.) Ayurved Students

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Dr. Ganga Sahai Pandey was one of the ever shining star of Ayurved. He had completed his A.M.S. Degree from Banaras Hindu University in 1945 and honored teaching post in Kayachikitsa Department in the same University. His prestige and glory as a renowned physician spread beyond the domains of Purvanchal up to the national and international level. He was the member of academic council of B.H.U.

and also served the humanity and Ayurveda as a president of Akhil Bhartiya Vaidya Parishad. He was honoured by "Sahitya Academy Award" and "Mangala Prasad Paritoshik Award" for his incredible contribution in the field of Ayurvedic Literature. His immense depth of knowledge about the subject can be visualized in his important scriptures on Kayachikitsa. He also edited fundamental treatises of Ayurveda like Charaka Samhita, Gadanigraha, Bhavaprakasha Nighantu and Ayurveda Pradeep.

In auspicious memory of such a laureate person, Vishwa Ayurved Parishad is organizing an essay competition every year among undergraduate students of Ayurvedic colleges of India.

Dear Students,

Ayurveda, literally meaning "science of life" is thought to be the one of the oldest medical system among known ones. Maintaining the health of a healthy individual and curing the diseases of sick person are the main aims of Ayurveda. Ayurvedic medicine has been used by millions of people since thousands of years due to their curative potential. Today, scientists of western countries and even persons from India are continuously trying to defame this ancient science by terming it harmful and toxic. However, like any other medical system, Ayurvedic therapies have contraindications and the potential for adverse effects or side effects. This is of particular concern when therapies are used incorrectly or abused or administered improperly or improper processed or prescribed by unqualified practitioners.

Ayurveda has potential to take lead among all other traditional medicines popular in different countries. It's our prime duty to create awareness about the curative potential of Ayurvedic drugs in India and other countries. Vishwa Ayurveda Parishad has taken this task to establish Ayurveda worldwide. This organization is engaged in spreading, re-establishing & enriching Ayurveda. One of such tasks taken by the organization to promote Ayurveda is to hold a national level essay competition among the students of undergraduate level to give them an opportunity to flourish their thought generating ideas on this national platform every year. Keeping this ahead, the essay competition 2015 has been organized as a sequel of previous years.

**Dr. Kamlesh K Dwivedi**  
Organising President  
09336913142

**Dr. Ramesh K Gupta**  
Organising Secretary  
07388988802

### Copy to-

- 1- Principals, All Ayurvedic Colleges of India, with a request to convey the message among students.
- 2- State Joint Organizing Secretaries for wide circulation and necessary steps.

## Rules and Regulations

Keeping the optimistic acceptability of Ayurved ahead, rationale and fundamental thoughts in form of essay in Hindi or English are invited on following topic:-

**“Re-Establishment of Ayurved Globally: Obstacles & Solutions ( आयुर्वेद का विश्व पटल पर पुर्नस्थापन : समस्यायें एवं समाधान )**

Central specialist committee will honour along with a citation, Gold medal with cash prize of ₹ 15000/- to the best essay, Silver medal with cash prize of ₹11000/- to 1st runner up and Bronze medal with cash prize of ₹ 7500/- to 2nd runner up in a special function that will be organized on the eve of Dhanvantari Jayanti in Varanasi.

- All the B.A.M.S. students (including internees) can participate in this essay competition.
- Essay should be single authored, single sided in computerized typing; on A4 size paper; having font size 14 with 1.5 spaces in **three copies**. It should be in Hindi or English having not less than 1500 words (Maximum 10 pages).
- At the last page of essay, participants should clearly mention their full details viz. name, professional year/Interns, name of college and address, correspondence address, contact number, email address and name of his/her mentor/motivator.
- Entrance fee of Rs. 200/- is mandatory to participate. Essay along with entry fee in form of demand draft in favour of **Vishwa Ayurved Parishad**, Payable at **Varanasi** should reach to Organising Secretary at his address by Speed Post.
- The last date for receiving the Essay is 10th October 2015.
- Decision of committee will be full and final.
- The essays will be evaluated by three referees under coding.
- All the essays should be sent only after getting it dully attested by the Principal/ Depty/ State Joint Organizing Secretaries to certify that the participant is a regular student of particular institution.
- Awarded essays will be published in Journal of Vishwa Ayurveda Parishad.
- Student who received prizes in previous years' competition, are requested not to apply.

For more details contact the local State Joint. Organizing Secretary or log on to [www.vishwaayurveda.org](http://www.vishwaayurveda.org)

**Address for correspondence-** Dr. Ramesh Kumar Gupta, Department of Rasa Shastra, Government Ayurvedic College, S.S. University, Jagatganj, Varanasi-221002; Email- [rameshguptabhu@gmail.com](mailto:rameshguptabhu@gmail.com)

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