



# GOVT AYURVEDA MEDICAL COLLEGE & HOSPITAL

KOTTAR, NAGERCOIL, KANYAKUMARI, TAMILNADU - 629 002  
PH : 04652-240948



## National Seminar on **AYURVEDIC** GASTROENTEROLOGY

31<sup>st</sup> January - 1<sup>st</sup> February - 2020

Venue : **SARVA MANGALAM**, Hotel Udupi International, Distillery Road, Vadasery, Nagercoil.

Government Ayurveda Medical College & Hospital is a renowned and only Government Ayurveda College in the state of Tamilnadu situated in the district of kanyakumari (the southern most tip of India) it was established in the year 2006. Kanyakumari District is well known for its contribution towards Indian System of Medicine.

This year, as a part of our College day celebration, we are organising a National Seminar involving renowned speakers from different parts of India, on the focal theme "Ayurvedic Gastroenterology .

Gastroenterology is the branch of medicine which deals with digestive system and its disorders. Ayurveda in its unique way, describes Gastroenterology in terms of Koshta and Agni. In the current era, due to the diet and lifestyle modifications, diseases related to gastroenterology is increasing at an alarming rate. Addressing today's need, this theme focuses on a sincere effort to acquire in depth knowledge about Mahasroto vyadhis and its management.

We heartly welcome you to the two day National Seminar which will be held on Jan 31 & Feb 1 of 2020 to share the knowledge of great scholars & practitioners.

Dr. J. Clarence Davy, M.D (Ayur)  
Principal, GAMCH, Nagercoil.

Dr. R. Sreeletha M.D (Ayur)  
Organizing Secretary

Mr. A. Ayyappan  
Student Organizer

**DAY 1 (31-01-2020, Friday)**

07.30 a.m to 09.00 a.m • Registration

09.00 a.m to 11.00 a.m • Inauguration

11.00 a.m to 12.00 p.m • **Dr. J.L.N. Sastry, Ph.D. (Ayu)**  
Vice President/Head of Health Care Research, Dabur India Ltd.  
KEY NOTE: Ayurvedic Gastroenterology



12.00 p.m to 01.00 p.m • **Dr. L. Mahadevan, M.D (Ayur)**  
Consultant, Sri Sarada Ayurvedic Hospital, Derisanamcope, Nagercoil.  
Associate Professor, Dept of Kayachikitsa, PG Studies.  
Pankajakasthuri Ayurveda Medical College, Kattakkada.  
TOPIC: Sharing Clinical Experience in the Management of Gastrointestinal Disorders



01.00 p.m to 02.00 p.m • LUNCH

02.00 p.m to 03.00 p.m • **Dr. M. Prasad, M.D.(Ay)**  
Principal, Ashtangam Ayurveda medical College  
TOPIC: "Udaram Vyadhimandiram:- Ayurvedic perspective on the Gut-Mind connection"



03.00 p.m to 03.45 p.m • **Dr. G. Shivaraman, Ph.D (Siddha) Arogya Health Care, Chennai - Siddha**  
TOPIC: Traditional Functional Foods- AYUSH's armour against Gastroenterological Cancers



03.45 p.m to 04.30 p.m • **Dr. R. Balamurugan, B.A.M.S.**  
Assistant Medical Officer (Ayurveda), Arignar Anna Hospital, Chennai.  
TOPIC: Commonly used Ayurvedic Formulation in Gastrointestinal Disorders.



04.30 p.m to 05.00 p.m • TEA BREAK

05.00 p.m to 05.45 p.m • **Prof. Dr. S. T. Venkateswaran, N.D.(OSM), M.Sc.(Y&N), PGDY**  
HOD - Dept. of Yoga, Govt. Yoga & Naturopathy Medical College & Hospital, Chennai - 106  
TOPIC: Role of Yoga & Naturopathy in Gastrointestinal Disorders.



05.45 p.m to 06.30 p.m • **Dr. S. Hariharan, B.A.M.S.**  
Special Grade Asst. Medical Officer, Govt. Ayurveda Dispensary, Shenkottai  
TOPIC: Management of Acute & Chronic Pancreatitis - a study.



07.00 p.m to 08.00 p.m • DINNER

**DAY 2 (01-02-2020, Saturday)**

07.30 a.m to 08.30 a.m • BREAKFAST

09.00 a.m to 09.45 a.m • **Dr. M.R. Vasudevan Namboothiri, M.D. (Ay)**  
Former Director of Ayurveda Medical Education, Govt. of Kerala  
TOPIC: Hridroga - An Ayurvedic Approach - Guest Lecture.



09.50 a.m to 10.50 a.m • **Dr. S. Gopakumar, M.D. (Ay)**  
Associate Professor & RMO, Govt. Ayurveda Medical College, Thiruvananthapuram.  
TOPIC: Clinical Approach to IBS in Ayurveda



10.50 a.m to 11.00 a.m • BREAK

11.00 p.m to 12.00 p.m • **Dr. R. Poppy Punithan, M.D. (Paediatrics) DM (Gastro)**  
Associate Professor, Tirunelveli Govt. Medical College, Tirunelveli.  
TOPIC: Constipation -A never ending problem ??



12.00 p.m to 01.00 p.m • **Dr. Roshni Anirudhan, M.D. (Ay)**  
Professor and Head, Department of Balaroga, Govt Ayurveda College, Kannur  
TOPIC: Paediatric Gastroenterology - Ayurvedic Approach.



01.00 p.m to 02.00 p.m • LUNCH

02.00 p.m to 03.00 p.m • **Dr. S. Swaminathan, B.A.M.S.**  
Professor & HOD, Sanskrit Siddhanta & Samhitha Department, SJS, Chennai  
TOPIC: Samana Apana Vayu Vaigunya.



03.00 p.m to 03.25 p.m • **Dr. T.M. Senthierasi, M.D. (Ayu)**  
Associate Professor, Dept. of Kaumarabhrithya, GAMCH, Nagercoil  
TOPIC: Critical analysis of Grahani dosa in children



03.25 p.m to 03.50 p.m • **Dr. M. Sai Vijaya Priya, M.D. (Ayu)**  
Assistant Professor, Dept. of Dravya guna Vignyanam, GAMCH, Nagercoil  
TOPIC: Concept of Agni - The Key Factor.



03.50 p.m to 04.15 p.m • **Dr. C. Roshy Joseph, M.D, Ph.D (Ayu)**  
Assistant Professor, Dept. of Rasasastra and Bhasajya Kalpana, GAMCH, Nagercoil  
TOPIC: Bird's Eye View on Gastroenterology with special reference to anna vaha srotas.



04.15 p.m to 04.30 p.m • Vote of Thanks

**NATIONAL ANTHEM**

## DELEGATE FEE

	Early Registration Before 10.01.2020	Late Registration Before 20.01.2020	Spot Registration
UG Students/Internees	Rs.1000/-	Rs.1200/-	Rs.1500/-
PG Students/Ph.D Scholars Teachers/Practitioners	Rs.1200/-	Rs.1400/-	Rs.1700/-

Registration Fee includes Food and Seminar Kit

### General Rules for Competitions

1. Registration for seminar is mandatory for participating in all the competitions.
2. Each candidate can send one abstract only.
3. Only UG students / Internee's can participate.

### Essay Competition

Topic : Grahani - a clinical approach

1. The essay should be in English and 'Times New Roman' format font size 12 with maximum pages 5.
2. Hard copies only accepted.
3. Essay should be printed in the single side of paper.
4. Name of Scholar, email id, address of institution should be attached separately. It should not be mentioned in any other pages of essay.
5. Hard Copies should be sent to The Organizing Secretary.

Note : Last date - 14<sup>th</sup> January 2020.

### Poster Presentation

Topic : अग्नि - युक्ते चिरं जीवति अनामयः

1. Abstract must be in English, Times New Roman Font.
2. Title should be in Bold font.
3. Body Text for Abstract is limited to 250 words and should be in one paragraph.
4. Last date for abstract submission is 14<sup>th</sup> Jan. 2020.
5. Specific committee shall review the abstract and acceptance will be communicated.
6. Dimension of poster 4 ft x 3 ft.
7. Photographs and graphical representations can be used.

Please send the abstract to the following e-mail on (or) before 04/01/2020.  
Submit abstract to [gamccollegeday@gmail.com](mailto:gamccollegeday@gmail.com)

### 1<sup>st</sup> PRIZE

Cash Prize of  
**Rs.5000/- & Certificate**

### 2<sup>nd</sup> PRIZE

Cash Prize of  
**Rs.3000/- & Certificate**

### 3<sup>rd</sup> PRIZE

Cash Prize of  
**Rs.1000/- & Certificate**

FOR ESSAY & POSTER PRESENTATION

## CONTACT DETAILS

### Organizing Secretary

**Dr. R. Sreeletha**

Govt. Ayurveda Medical College & Hospital, Kottar, Nagercoil, Tamilnadu - 629 002

**9446535194**

### Organizing Committee (For Registration)

**Mr. B. Hari**

**9994060763, 6379412263**

### Travel & Accomodation

**Mr. S. Jayasuriyan**

**8608300632**

### Competition

**Mr. J.P. Magesh**

**8072847348**

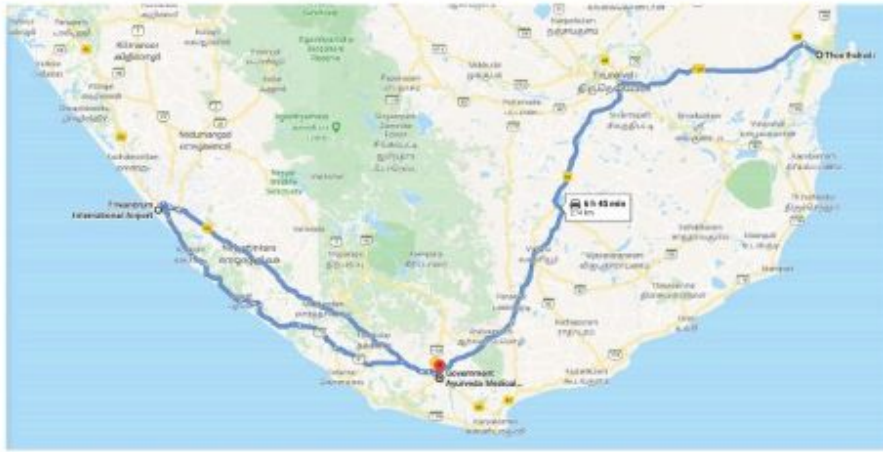
For online Registration \_ E-mail : [gamccollegeday@gmail.com](mailto:gamccollegeday@gmail.com)

### FOR NEFT/RTGS/DD

#### Online Payment preferred by NEFT Transfer

Account Name : Govt. Ayurveda Medical College Students Forum  
Account Number : 6170400352  
Bank Name & Branch : Indian Bank, Cape Road, Nagercoil, K.K. Dist.  
IFSC Code : IDIB0C0N076  
CIF : 3110133310

## LOCATION MAP



Scan for location

### ADVISORY COMMITTEE

Mr. S. Ganesh, IAS, Director of ISM & H, Chennai  
 Dr. P. Parthiban, Joint Director, ISM & H, Chennai  
 Dr. N. Manavalan, ND(OSM) M.Phil., M.Sc. (Y&N), PGDY, PGDHH,  
 Joint Director (Ex.Off.), Chennai

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 Dr. P. Narayanan, Resident Medical Officer  
 Dr. S. Emmanuel Deva Asir, Medical Officer  
 Dr. A. Senthilnathan, Associate Professor  
 Dr. Saji Sridhar, Associate Professor  
 Dr. G. Jayakrishnan, Associate Professor  
 Dr. T.M. Senthiasasi, Associate Professor  
 Dr. Hemalatha Kapoorchand, Associate Professor  
 Dr. C. Roshy Joseph, Assistant Professor  
 Dr. Reshmi M. Nair, Assistant Medical Officer

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 Dr. D. Raj Banu Rametha, Associate Professor  
 Thiru. R. Subramanian, Assistant Professor  
 Dr. M.K. Seeni, Assistant Professor  
 Dr. M.S. Thirunavukarasu, Assistant Professor

### ORGANISING COMMITTEE

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 Dr. Nandhinee Vijay, Associate Professor  
 Dr. S. Rajapandi, Associate Professor  
 Dr. K. Surya Kumar, Associate Professor  
 Dr. K. Shegedhar Praveen, Associate Professor  
 Dr. M. Mayuranathan, Associate Professor  
 Dr. M. Sai Vijaya Priya, Assistant Professor

### FINANCE COMMITTEE

Dr. Ch. Ramaraju, Associate Professor - **Secretary**  
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 Dr. P. Neelayathachi, Assistant Professor  
 Dr. R. Sunil Roy, Assistant Professor  
 Dr. Arun J. Wilson, Assistant Professor  
 Dr. D.M. Diana Shalin, Assistant Professor  
 Dr. M. Muralidharan, Assistant Professor  
 Dr. T. Shakthi Kumar, Assistant Professor  
 Dr. A.R. Rekha, Assistant Professor  
 Dr. R. Supraja, Assistant Medical Officer

## PLACES OF ATTRACTION



16 Km

Padmanabhapuram Palace



19 Km

Kanyakumari Beach



30 Km

Mathoor Thottipaalam



18 Km

Muttom Beach



19 Km

Vattakottai Fort



5 Km

Suchindram Temple



37 Km

Tirparappu Waterfalls



.5 Km

Nagaraja Temple

Vidyaaranyam"2020 vidyaaranyam2020