



Sri Dharmasthala Mathrushree Rathnamma Heggade
Memorial International Congress

KARMA SIDDHI - 2020

14th - 15th FEBRUARY 2020

BIO-PURIFICATION THERAPIES,
ETHNO-MEDICINE AND
FOOD DIVERSITY
IN PANCHAKARMA PRACTICES



ओषधीर्नामरूपाभ्यां जानते ह्यजपा वने ।
अविपाश्वैव गोपाश्व ये चान्ये वनवासिनः
चरक संहिता-सूत्रस्थान १/१२१



Observing & learning from the shepherds, goatherds, cowherds & other men in woods develops both knowledge & the skill to treat.



ORGANISED BY

THE DEPARTMENT OF POSTGRADUATE STUDIES IN PANCHAKARMA &
FOLKLORE MEDICINE RESEARCH CENTRE

**Sri Dharmasthala Manjunatheshwara College of
Ayurveda & Hospital**

KUTHPADY, UDUPI - 574 118, KARNATAKA, INDIA



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ॐ नमामि धन्वन्तरिमादिदेवं सुरासुरैर्वन्दित पाद पद्मम् ।
लोके जरारुग्भयमृत्युनाशम् धातारमीशं विविधौषधीनाम् ॥

Dear Friends,

Sri Dharmasthala Manjunatheshwara College of Ayurveda and Hospital, Kuthpady, Udupi, Karnataka, India, established in 1958 to revive Ayurveda to serve the needy, continues to perform the best in the field of Ayurveda for enriching traditional knowledge, contemporary excellence & value added education. Now the institution has completed 60 years of establishing undergraduate training, 20 years of launching postgraduate training.

With pleasure we invite you to 'Sri Dharmasthala Mathrushree Rathnamma Heggade Memorial two days International Congress 'KARMA SIDDHI - 2020' : Bio-purification Therapies, Ethno-medicine & Food Diversity in Panchakarma Practices organised by the department of postgraduate studies in Panchakarma and Folklore Medicine Research Centre of the institution, on the occasion of birth anniversary of Late Mathrushree Rathnamma Heggade, the great patron of education and an inspiration to rejuvenate traditional practice of Ayurveda. Respectfully, the Institution organizes series of seminars every year to commemorate her birth anniversary.

The mega event is planned on 14th & 15th February 2020 at Bhavaprakasha Auditorium, Sri Dharmasthala Mathrushree Rathnamma Heggade Memorial Golden Jubilee Building, Sri Dharmasthala Manjunatheshwara College of Ayurveda & Hospital, Kuthpady, Udupi along with a Pre-congress workshop on 13th February 2020.



ESSENCE

1. Textual and modified practices of bio-purification for health & disease
2. Skilled practice of Vamana for bio-purification: Classical & Traditional
3. Skilled practice of Virechana for bio-purification : Classical & Traditional
4. Skilled practice of Basti for bio-purification: Classical & Traditional
5. Skilled practice of Nasya for bio-purification: Classical & Traditional
6. Skilled practice of Raktamokshana for bio-purification : Classical & Traditional
7. Standardization of Panchakarma Procedures
8. Panchakarma in general and specific practice
9. Regional food & bio-diversities supporting the practice of Panchakarma
10. Food diversities in folklore medicine with regards to different diseases and season
11. Evidence based validation of ethno-medicine
12. Drug discovery and development based on ethno-medicine

HIGHLIGHTS

You can participate

Physicians, academicians, industrialists, researchers, postgraduate scholars, graduates, undergraduates of Ayurveda as well as all admirers of Ayurveda. About 1000 delegates from all over India and abroad are expected to participate in this event.

You can listen to

Key note addresses by Dr. Shrinivas Acharya Hejamady, Advisor, Centro De Medicina Ayurveda, Havana, Cuba.

Plenary Sessions with talks on Panchakarma & ethno-medicine by eminent stalwarts,

Dr. Ravishankar B., Research Advisor, SSCASR, Bangalore

Dr. Muralidhar Sharma, Prof. Emeritus, Ex. Medical Superintendent, SDMCA & H, Udupi

Dr. G. Srinivasa Acharya, Principal, SDMCA, Udupi

Dr. A. K. Manoj Kumar, Registrar, KUHS, Kerala

Dr. Arun Gupta, HOD - PG Dept. of Panchkarma, CBPACS, New Delhi

Dr. Mamatha K. V., HOD, Dept. of PG Studies in PT & SR, SDMCA, Udupi

Dr. Niranjan Rao, HOD, Dept. of PG Studies in Panchakarma, SDMCA, Udupi

Dr. T. Shridhara Bairy, Former Director, FMRC, SDMCA, Udupi

Sri Brahmaduttan, Traditional Visha Vaidya, Ullannoor Mana, Kerala

Dr. Ajayan Sadanandan, HOD, Dept. of Dravyaguna, AACV, Kerala

Dr. Gopikrishna M., HOD, Dept. of RSBK, SJGAMC & H, Koppal

You can witness the

- Presentations of unpublished original research papers by practitioners, academicians, researchers.
- Exhibition to add on to the knowledge of Ayurveda.
- Cultural eve reflecting the traditionalism of India making a pleasant evening.
- Exhibitor booths by different pharmaceutical companies to expose and exhibit the wonderful health care products.





Guidelines for ABSTRACT / FULL PAPERS

- Title in **capital bold of 24 font size**, followed by authors name, affiliation, postal address & email id of corresponding author.
- Narration in **IMRD** pattern (Introduction, methods, results, discussion).

Word limit	Font	Size	Line Spacing
200 words	Times New Roman	10 point	1.15

- Abstracts should be sent to email : sdmseminar2020@gmail.com before 10th January.
- Corresponding author will be notified of its acceptance for either oral or e-poster presentation after the scrutiny by scientific committee through mail.
- Presenting author should submit the finalized power point for oral presentation within 10 days of receiving acceptance letter. Full papers which depict the objectivity and the applicability of the theme of the seminar will be given priority.
- **Duration of oral presentation will be 4+1 min.**
- In e-poster, all diagrams, pictures, tables and equations should be visible and readable.
- Best paper/ Poster will be recognized and awarded.
- Souvenir will be released on the second day of International congress.

WIN THE COMPETITIONS



Competitions	Participants	Topic	Guidelines
Essay Writing	Undergraduate students and interneees.	Relevance of traditional methods of food practice in current scenario	Title in capital bold of 24 font size, Word limit of 1500 words , font of Times New Roman with size 12 point & 1.5 line spacing
	Postgraduates.	Significance of Panchakarma Practices in preventing present day life style disorders	
Painting	Undergraduate students, interneees & postgraduates.	Save our planet	Upload the photos in any one of the format - PNG, JPEG, JPG, PDF Any form of paintings except pencil & crayons is allowed in A3 size drawing sheet. Edited sketches are not allowed
Mobile Phone Camera Photography	All delegates	Endangered Medicinal Plant	Only 1 photo to be submitted by one delegate with basic editing & botanical name of the plant

- Send Essay, painting & photograhy entries to sdmseminar2020@gmail.com before January 10th 2020.
- Registration for seminar is mandatory for participating in all above competitions.
- Name of the participant, mobile number & seminar registration number to be sent with entries.
- Judge's decision will be final.

Registration Details



Category	Registration till 15 th January 2020	Registration after 15 th January 2020
Practitioners, Academicians, PhD Scholars	2,000/- INR	2,200/- INR
PG Scholars	1,800/- INR	2,000/- INR
Internee & UG Students	1,000/- INR	1,200/- INR
Foreign Delegates	70 USD	80 USD
PhD / PG Scholars of SDM Ayurveda College & Hospital, Udupi / Hassan / Bengaluru	1,500/- INR	1,700/- INR

Registration fee includes tea, breakfast, lunch, high tea, dinner, seminar kit, entry to all sessions and exhibition, cultural eve, congress souvenir, participation certificate without accommodation. (Dinner on first day only). Group registration available for 10 or more members.

PRE-CONGRESS WORKSHOP

13th February 2020

(ONLY 50 DELEGATES)

- Rationalization of procedure of Basti and Nasya Karma through the eyes of animal experiment.
- Acclimatization of Ethno-botanical aspects related to practice of Ayurveda.

Category (only 50 delegates)	Registration till 15 th January 2020
Practitioners, Academicians, PhD, PG scholars, Internees	750/- INR
Foreign Delegates	15 USD

Registration fees includes breakfast, lunch, tea, dinner, participation certificate without accommodation.

Dates to remember

Abstract Submission	10 th January 2020
Submission of Essay, Painting & Photography	10 th January 2020
Registration to Congress	15 th January 2020
Registration to Pre-Congress Workshop (only 50 delegates)	15 th January 2020
Pre-Congress Workshop	13 th February 2020
International Congress	14 th & 15 th February 2020





Sri Dharmasthala Mathrushree Rathamma Heggade Memorial International Congress

KARMA SIDDHI - 2020



REGISTRATION FORM

CONGRESS PRE-CONGRESS WORKSHOP

*(Please complete and return this form along with the payment details)

Name (in Block letters)

Gender : Male Female Designation

Category: UG Student PG Scholar Faculty Pharmacist
 Internee Ph. D scholar Practitioner Medical Representative

Institution Address:

Tel No.

Email Mobile

Particulars of Payment	Transaction ID	Transaction Date
	Mode of Payment and transaction no.	
	Name of the bank	Branch
	Amount in words	

Place:

Date : Signature

Note: Hotel/Lodge rooms to be booked directly by the delegates.
 For any assistance contact Dr. Manjunath Kanthi - Mob: 98444 69138

HOTELS in UDUPI

Name of the Hotel / Guest House	Contact Number
HOTEL VALLEY VIEW, Manipal	0820 2571101
HOTEL KARTHIK, Ambalpady, Udupi	0820 2533285
HOTEL SRIRAM RESIDENCY, Udupi	0820 2530761
HOTEL KEDIYOOR, Udupi	0820 2508145
HOTEL JANARDHAN, Udupi	0 98457 92366
HOTEL WHITE LOTUS, Udupi	0820 2531211
HOTEL RAMAKRISHNA, Udupi	0820 253189
HOTEL NITYANANDA, Udupi	0 98860 95330
HOTEL SHARADA INTERNATIONAL, Udupi.	0820 2521968, 2522910
HOTEL SRI KIRSHNA RESIDENCY, Udupi	0820 4292333
HOTEL PANCHARATNA PARADISE, Udupi	0820 2520793

PAYMENT DETAILS

RTGS / NEFT / Online Banking for Registration

Account name : S D M Seminar account
 Account type : Savings Bank
 Account number : 520101044666965
 Bank name : Corporation Bank
 Branch : Kuthpady Branch, Udupi
 IFSC Code : CORP0002076
 MICR Code : 576017013

Scanned copy of duly filled individual registration form and online payment details should be mailed to sdmseminar2020@gmail.com
 In group registration, separate registration form to be filled by the each delegate and sent.

LOCATION MAP



Scan for Location

HOW TO REACH UDUPI

BY FLIGHT : Nearest airport is Bajpe airport, Mangalore, Karnataka 48 KM away from Udupi.

BY TRAIN : There are regular trains to Udupi Railway Station from other major cities of the country.

BY BUS : There are regular buses from other major cities of the country to Udupi. Bus Station(s): Udyavara , Udupi.

Places of Attraction



Sri Krishna Temple Udupi - 6KM



St Mary's Island Malpe - 10KM



Dharmasthala Manjunatha Temple - 105KM



Murudeshwar Temple - 102KM



Mangaladevi Temple, Mangalore - 64KM



Manipal - 7KM



Mookambhika Temple, Kollur - 73KM



Saavira Kambada Basadi, Moodbidri - 53KM

For more details log on to :

<http://www.sdmpanchakarmaseminar.com>

Email: sdmseminar2020@gmail.com

All your communications may be directed to :

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Dr. Shrikanth P. H.

Organizing Secretary

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