

# The 10<sup>th</sup> National Colloquium

## on Evidence Based Integrative Medicine for Lymphatic Filariasis and other Chronic Dermatoses

**Date:**

February 18<sup>th</sup> to 20<sup>th</sup>, 2020

**Venue:**

Institute of Applied Dermatology  
Uliyathadka, Madhur Road, Kasaragod, Kerala

**Theme:**

Integrative Medicine for Morbidity Management  
& Disability Prevention of Lymphatic Filariasis  
and other forms of lymphoedema

**Organized by:**

Institute of Applied Dermatology

**in association with**

Centre for Integrated Medicine and Public Health  
Directorate of Health Services  
Government of Kerala

**Co-Sponsored by:**

The Ministry of AYUSH  
Government of India, New Delhi



# IAD

**Institute of Applied Dermatology**

*Effective Care through Integrative Medicine*



Lymphatic Filariasis is a neglected tropical disease manifesting as lymphoedema commonly known as elephantiasis or in Hindi Haathi Paun. Filariasis is a disease transmitted by mosquito, affecting millions of poor people across the world. The global program for the elimination of Lymphatic Filariasis was launched in 2000 by the World Health Organization. Global Alliance for Elimination of Lymphatic Filariasis (GAELF) is now focussing on the treatment of the disease, Lymphoedema. IAD's integrated medicine treatment is acknowledged as the best available treatment to stop advancing lymphoedema and reverse the fibrosis initiated in the dermis, reactive changes in the epidermis and subcutaneous tissues.

In contrast to most medical treatments of lymphoedema that are too demanding with a less than adequate response, integrative medicine treatment is a low cost, self-care and family member assisted program. The Central Council for Research in Ayurvedic Sciences under the Ministry of AYUSH, Government of India, funded a successful community trial of this treatment in endemic villages.

It is the poor people in rural populations who are primarily affected by Filariasis. IAD devised a suitable program that employed simple technology, is easy to administer and teach, and most importantly at low cost. By adopting all the principles of primary health care; community participation, intersectoral coordination, appropriate technology, and equitable distribution treatment recorded significant quality of life improvements due to morbidity reduction of lymphoedema (see Figure).

With 20 years of experience in Evidence-Based Integrative Medicine for Lymphatic Filariasis and other Chronic Dermatoses, we are conducting the 10th national colloquium on 2020 February 18 to 20. The focus theme is to discuss the public health program mode for MMDP of Lymphatic Filariasis in villages using Integrative Medicine treatment protocol.

Experts in lymphoedema, dermatology, vector-borne diseases, yoga, and Ayurveda will lead the discussion on the MMDP of Lymphatic Filariasis. The colloquium also allows attending the medical camps organised for lymphoedema patients who received integrated medical treatments. **Prof Vaughan Keeley**, Royal Derby Hospital, UK, will be conducting bed-side teaching of lymphoedema during the medical camp. Experts from Dowling Club, an affiliate to British Association of Dermatologists, Bill & Melinda Gates Foundation, New Delhi and Institute for Postgraduate Teaching and Research in Ayurveda, Jamnagar, Gujarathave confirmed participation.

IAD colloquiums don't charge delegate fee. However, participants are requested to register prior and inform if they wish to eat at the venue by paying for their food in advance.

We cordially invite to participate in this interactive national platform to contribute to advancing lymphoedema research and integrated medicine and learn from evidence-based integrated treatment protocols.

Yours Sincerely,

Dr. M. Guruprasad Aggithaya (Ayurveda)  
Organizing secretary

Dr. K.S. Prasanna (Dermatologist)  
On behalf of Scientific Committee,  
Staff, Volunteers & Collaborators of IAD

Dr. S. R. Narahari & Dr. T. A. Bailur  
on behalf of Board of Directors





▼  
**Prof. Terence J Ryan**  
 Emeritus Professor of Dermatology  
 Oxford University, UK



▼  
**Prof. Vaughan Keeley**  
 Consultant Physician in Lymphoedema  
 University Hospitals of Derby and  
 Burton NHS Foundation Trust, Derby  
 and Honorary Professor, University of  
 Nottingham Medical School, UK



▼  
**Prof. Anup Thakar**  
 Director, Institute For Postgraduate  
 Teaching & Research in Ayurveda  
 Gujarat Ayurved University  
 Jamanagar



▼  
**Dr. Kayla Laserson, ScD, SM**  
 Deputy Director, Infectious Diseases  
 Bill & Melinda Gates Foundation  
 Global Health Division, New Delhi



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**Dr. Bhupendra Thripati**  
 Country Lead - Elimination Programs  
 Neglected Tropical Diseases  
 Bill & Melinda Gates Foundation  
 New Delhi



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**Prof. Anthony Bewley**  
 President, Dowling Club  
 Dermatologist, Barts Health NHS trust  
 Queen Mary University of London



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**Dr. S.L. Hoti**  
 Scientist G, Regional Medical Research  
 Centre (ICMR), National Institute of  
 Traditional Medicine  
 Belagavi, Karnataka



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**Dr. K. H. Prakash**  
 Director, TB Programmes KHPT  
 Bangalore



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**Dr. S. Misra**  
 Plastic Surgeon  
 Formerly professor and Head  
 Chidambaram Medical College  
 Tamil Nadu



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**Dr. Jonathan Kentley**  
 Chelsea and Westminster  
 Hospital NHS Foundation Trust,  
 London



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**Prof. P. S. Balu**  
 Department of Community Medicine  
 JJM Medical College  
 Davanagere



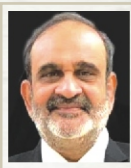
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**Dr. K. Regu**  
 Joint Director  
 National Centre for Disease Control  
 Kozhikode



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**Dr. Mansoor Ali**  
 Associate Professor,  
 Department of Casetaking and  
 Reportorisation, Government  
 Homoeopathic Medical College, Calicut



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**Dr. Galib**  
 Associate Professor,  
 Department of Ras shastra and  
 Bhaishajyakalpana, All India Institute  
 of Ayurveda, New Delhi



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**Dr. Shyam Verma**  
 Chairman, International Liasion Cell  
 Indian Association of Dermatologists  
 Venereologists and Leprologists  
 Vadodara, Gujarat



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**Dr. Chandrakant Revankar**  
 Public Health Medical Consultant  
 Neglected Tropical Diseases  
 and former NTD Officer, WHO-SEARO  
 Mumbai

We have also invited senior officials and scientists of National Vector Borne Disease Control Programme, Central Council for Research in Ayurvedic Sciences, New Delhi and Directorate of Health Services, Government of Kerala



## Before and after the integrative medicine treatment for Lymphatic Filariasis and Lymphoedema



Baseline 10-08-2016



Discharge 1-09-2016

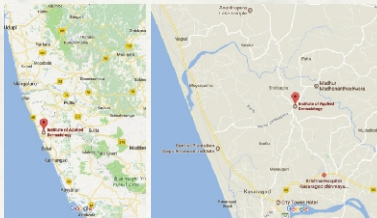


Follow up 10-11-2016



Follow up 25-1-2019

## Steps of Integrative treatment



### Registration is mandatory for participation

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