



Asthava २०१९

A PATH BREAKING
INTERNATIONAL CONFERENCE ON
HOLISTIC APPROACH TO DIABETES MELLITUS

9th & 10th November, 2019



19TH
Foundation Day

Astang Ayurveda
Bhubaneswar

Organized by

ASTHAA

Venue :

GKCMORC (Utkal Rangamancha)

In collaboration with

Astang Ayurveda

Sir / Madam,

Asthaa (Astang Ayurveda for health & academics) is known for its continuous & sincere efforts to popularize Ayurveda in India & abroad. Bhubaneswar, the temple city of heritage & history in the east coast of India, attracts uncountable people around the world for numbers of good reasons along with Ayurveda. With immense pleasure we announce the organisation of ASTHAA 2019 "A path breaking International conference on Holistic Approach to diabetes mellitus" on 9th & 10th November 2019 at Bhubaneswar in joint collaboration with Astang Ayurveda Hospital, Bhubaneswar.

We gladly invite your active participation which will make the programme a grand success.

DR. SPANDITA KAR

Chairperson, Organising Committee

Dr. AMBIKA PRASAD NAYAK

Secretary, Organising Committee

DR. MANORANJAN SAHOO

Executive Member

OBJECTIVES :

1. To reciprocate the basic practices of Ayurveda in the field of diabetes.
2. To update knowledge regarding latest development in diabetes treatment irrespective different health sciences.
3. To offer a platform for research scholars & clinicians to percolate their knowledge.

VISITING PLACE:

<https://www.asthaafoundation.org/near-by-tourist-place/>

LOCAL FOOD

<https://www.asthaafoundation.org/for-local-food/>

SOUVENIR:

A commemorative Souvenir will be released during the inaugural ceremony of the conference. The articles, abstracts and advertisements are invited for publications. (www.asthaafoundation.org)

(Scientific Committee)

Prof. Bipin Bihari Khuntia, Dr. Jitendra Samal, Dr. Subrat Jayasingh, Dr. Prativa Shree

(Advisory Committee)

Prof. Sanjay Satpathy

Prof. P.K. Goswami

Prof. Kishor Pattwardhan

Prof. Sudarsan Behera

Dr B.S Behera

Dr. Arnada Prasad Dash

CA. Chittaranjan Behera

Prof. Gurdip Singh

Prof. Anukula Chandra Kar

Dr G.S.P. Mishra

Prof. Arun Kumar Das

Dr Sudepta Ratha

Dr. Manas Ranjan Hota

Dr. Sanghamitra Das

Prof. Chaturbhuj Bhuyan

Prof. Rabinarayan Acharya

Prof. Sujit Kumar Dalai

Dr. S. Gopa Kumar

Dr. Prasanna Patanaik

Adv. Manoj Kumar Tribedi

Prof. B.B Khuntia

CORE AREA

1. Clinical understanding of 20 types of prameha.
2. Recent advances in the concepts of prameha.
3. Prevalence and epidemiology of diabetes in worldwide scenario.
4. Complications of diabetes mellitus and its management through Ayurveda.
5. Gestational diabetes and women care.
6. Juvenile diabetes and its management.
7. Diabetes and eye care.
8. Diabetes and nervous system.
9. Effect of diabetes on kidney and its management and preventions.
10. Management of diabetes mellitus through Ayurveda.
11. Effect of exercise and behavioral therapy in type II DM.
12. Yoga and diabetes.
13. Diabetes and geriatric care.
14. Single drugs and rasashouhdhis in management of prameha with research updates.
15. Self-management in diabetes care.
16. Dietary management in prameha (diabetes).
17. Evidence based life style and diet guidelines for diabetes.
18. Life style modification to prevent and control diabetes.
19. Psychological aspects of diabetes mellitus.
20. Role of Panchakarma and sodhana in management of Prameha
21. Role of Pranayama and meditation in management of Diabetes.

ORATION:

Dr. Radhakanta Mishra oration will be delivered by eminent teacher and clinician Dr. Hiten Bhai Vaja.

DR. Lopamudra Srichandan memorial Oration will be delivered by international Ayurveda and Yoga practitioner Dr. Adrish Brahmaddatt.

CALL FOR PAPERS:

"ASTHAA 2019" invites research papers/abstracts on core area, from the scientists across India and abroad for **oral** and **poster** presentation. Original unpublished research papers from scientists and scholars having their practical experience/research works will be considered for the paper and poster presentation. The full paper will be accepted for the paper or oral presentation after due scrutiny by scientific committee and check for plagiarism. The selected abstracts will be published in the souvenir in ASTHAA 2019 along with some selected complete papers. Only selected papers will be offered for oral and poster presentation.

Note: An understanding stating that the article is original and not published and presented anywhere to be given by the authors while submitting an abstract.

Format for paper submission:

The abstract may come with the following headings : Introduction, Objective, Methodology, Findings, Conclusion, keywords. Abstract and full paper may come in MS word, Calibri, 12 font size, 1.15 line space, abstract in structured format , not exceeding 250 words /A4 paper. The full paper should have title in bold, centered with 14 font size; body of paper in 12 font size, justified with proper paragraph setting, not exceeding 4 pages.

Last date for submission of Abstract : 15th September, 2019 & **Full paper :** 30th September, 2019

Intimation of acceptance of Abstract (oral/poster): 10th October, 2019

The papers must be submitted in the website, a copy of the abstract and fullpaper maybe mailed at Email ID : asthaafoundation2019@gmail.com

Oral presentation : Five minutes followed by 2 minutes for discussion.

Poster presentation : 4' (height)x3' (width) feet in flex banner only

REGISTRATION FEE DETAILS :

Category	International Conference	
	Before 15 th Oct.	After 15 th Oct.
UG Scholars	Rs. 1500/-	Rs. 1700/-
Graduate, PG & Ph.D	Rs. 2000/-	Rs. 2500/-
International Delegates	Rs. 3500/-	Rs. 4000/-

Registration fee include seminar kit, participation certificate (Download) and food (vegetarian / Non Vegetarian) to all registered delegates during the conference.

REGISTRATION PROCEDURE

The registration will be confirmed after the receipt of delegation fees by NEFT/RTGS. The delegate has to mention the transaction number with date in the prescribed registration form. Last date of registration submission is 15th Oct. 2019.

BANK DETAILS

AC Name	: ASTHAA FOUNDATION
Bank Name	: Bank of India
Branch Name	: Pokhariput
Savings AC No.	: 557310110004604
IFSC Code	: BKID0005573
PAN No	: AAHTA4789M

Registration Form :

Designation :-, Full Name :-, Age :-, Institution :-,
Qualification :- UG Student / Graduate / MD / PhD/ Others,
Sex :- Male / Female, Your Number :, Email :, Communication Address :
Details Payment :-, NEFT No. / Order ID/ Date, Bank Name, Pin :

Day - 1 Schedule

7.30 - 9.00 AM	Registration
9.00 - 9.15 AM	Inauguration & Academic Session
9.15 - 10.15 AM	Dr. R. K. Mishra Oriation By Dr. Hiten Bhai Vaja
10.15 - 12.15 PM	Talk by. Dr. Hiten Bhai Vaja
12.30 - 1.30 PM	International Paper Presentation
1.30 - 2.30 PM	Lunch Break
2.30 - 5.00 PM	Talk by Dr. Hiten Bhai Vaja
5.00 - 5.30 PM	Tea Break
5.30 - 7.00 PM	Inauguration
7.00 - 8.30 PM	Cultural Programme
8.30 PM	Dinner

Day - 2 Schedule

6.30 - 8.00 AM	Yoga workshop for Diabetes
8.00 - 9.00 AM	Breakfast
9.00 - 10.00 AM	Dr. Lopamudra Srichandan Memorial Oriation By Dr. Adrish Brahmadatta
10.00 - 11.30 AM	Dr. Hiten Bhai Vaja
11.30 - 12.15 PM	Dr. Hiten Bhai Vaja one to one with Scholars
12.30 - 1.30 PM	Paper Presentation
1.30 - 2.30 PM	Lunch Break
2.30 - 4.00 PM	Paper Presentation
4.00 - 5.00 PM	Valediction

ASTHAA 2018

NATIONAL LEVEL CONFERENCE ON BASIC PRINCIPLE OF PRACTISE IN AYURVEDA



Contact details

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ASTHAA 2019

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