



INDIA INTERNATIONAL SCIENCE FESTIVAL 2019

6-7 November 2019
CSIR-Indian Institute of Chemical Biology
Jadavpur, Kolkata [WB], India

WELLNESS

CONCLAVE & EXPO

"Good Health & Well Being"



MINISTRY OF SCIENCE AND TECHNOLOGY
MINISTRY OF EARTH SCIENCES
MINISTRY OF HEALTH & FAMILY WELFARE
GOVERNMENT OF INDIA



VIJNANA BHARATI



VIGYAN PRASAR

India International Science Festival 2019



Wellness Conclave is a great attraction of IISF-2019. This conclave aims to make people aware about health. WHO defines health as a state of complete physical, mental and social well-being and not merely the absence of disease. Wellness is a holistic amalgamation of physical and mental well-being. The concept of wellness and its practices is embedded in Indian heritage (Ayurveda). Modernisation and Industrialisation are responsible for the spread of non-communicable diseases worldwide. The change in our lifestyles is making us unhealthy. Health is a fundamental right to every citizen. The broad goal of the Wellness Conclave is to project how AYUSH systems are capable of modifying the current trends in healthcare and nurture a disease-free society. The other goal is to create public awareness about the most critical health issues such as cancer, obesity, respiratory diseases, cardiovascular diseases and diabetes. The conclave is designed to explore, identify and implement health and wellness solutions.

Objectives

1. Promotion of AYUSH systems for public wellness, with scientific validations and quality controls.
2. Prevention of human loss by early diagnosis and management of diseases.
3. Educating citizens on nutrition and lifestyle through practising holistic well being to achieve health and wellness.
4. Encouraging personal and community hygiene practices.

Format

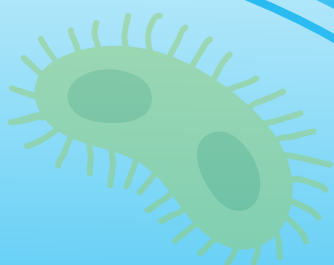
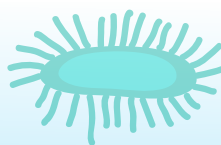
1. Plenary and invited talks by the eminent speakers.

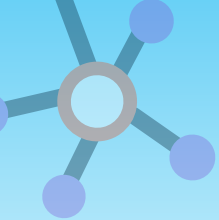
2. A research based poster/model/project presentation related entries will be accepted online through event's webpage. Students pursuing graduation/post-graduation and doctoral/post-doctoral researchers can register.

- Not more than two people are allowed in one group/team per entry.
- No registration/participation fees will be charged
- Entries will be pre-screened online by juries.
- Top 100 selected entries will be invited for presentation and exhibition. Invited teams (comprising of maximum two members) will be reimbursed the to & fro travel cost (2nd Sleeper Rail or AC bus) and free boarding/lodging.
- Selected participants will present their papers/projects/models during an exhibition. National Jury Committee will evaluate the presentations. Top three performers from different wellness themes will get awards.

Eligibility

1. BAMS, BHMS, BNYS or equivalent
2. Master's, MD or equivalent in any subject
3. Doctoral/post-doctoral or equivalent in any subject





THEMES

Research based poster/models/projects on these topics can be submitted:

- (1) Therapeutic research, (2) AYUSH Cluster development, (3) Application of AYUSH systems, (4) AYUSH on psychosomatic changes, (5) Swasth Bharat (6) Understanding health issues by traditional medicine (7) Prevention and early diagnosis of human diseases (8) Personalized medicine

Eligible disciplines

- (1) Ayurveda (2) Yoga & Naturopathy (3) Unani (4) Homeopathy (5) Siddha & other traditional systems of medicine

Selection Procedure

- Research based Poster/project/model will be invited from all over India through the event's web portal. Interested applicants can visit the event page at <http://www.scienceindiafest.org/> for further details.
- There will be an online module to submit documents/images/video files.
- Models, received online will be forwarded to jury members for evaluation.

Last date of submission of Research paper/poster/projects/models: 10th October 2019

Awards

Three awards in each category. Winners will be provided with a:

- Cash prize ~ Certificate ~ Memento

All other participants will be provided with a:

- Certificate

During the competition, if the total entries in any theme is less than five, the category may not be included for the evaluation.

PROGRAM SCHEDULE

DAY 1 (6TH NOVEMBER 2019)

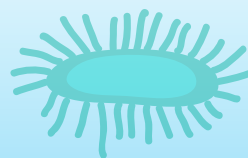
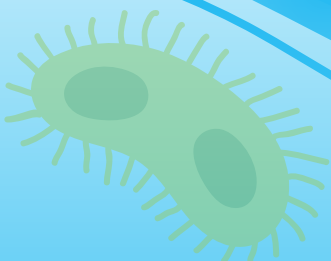
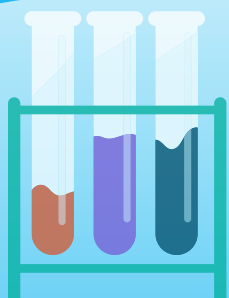
07:30 A.M. - 08:30 A.M. BREAKFAST	
08:30 A.M. - 09:00 A.M.	TRAVEL FROM ACCOMMODATION TO THE VENUE OF EVENT
09:00 A.M. - 10:00 A.M.	INAUGURAL SESSION
10:00 A.M. - 10:20 A.M.	KEYNOTE ADDRESS
10:20 A.M. - 11:20 A.M.	SESSION I: YOGA & NATUROPATHY
11:20 A.M. - 11:35 a.m. TEA BREAK	
11:35 A.M. - 12:35 P.M.	SESSION II: AYURVEDA
12:35 P.M. - 01:15 P.M.	PANEL DISCUSSION
01:15 P.M. - 02:15 P.M. LUNCH BREAK	
02:15 P.M. - 04:00 P.M.	SESSION III: UNANI, SIDDHA & HOMEOPATHY
04:00 P.M. - 04:15 P.M. TEA BREAK	
04:15 P.M. - 05:00 P.M.	SESSION IV: PANEL DISCUSSION: WELLNESS AND TRADITIONAL KNOWLEDGE"
05:00 P.M. - 06:00 P.M.	TRAVEL TIME TO ATTEND CULTURAL PROGRAM
06:00 P.M. - 07:30 P.M.	CULTURAL EVENING
07:30 P.M. - 09:00 P.M. DINNER	
09:00 P.M. - 10:00 P.M.	TRAVEL FROM VENUE TO ACCOMMODATION

Parallel Session: Start-up, Wellness Center, Yoga Studio, Clinics, Mass Campaign (AYUSH Industries will be involved)

DAY 2 (7TH NOVEMBER 2019)

07:30 A.M. - 08:30 A.M. BREAKFAST	
08:30 A.M. - 09:30 A.M.	TRAVEL FROM ACCOMMODATION TO THE VENUE OF EVENT
09:30 A.M. - 09:45 A.M.	KEYNOTE ADDRESS
09:45 A.M. - 11:00 A.M.	SESSION I: METABOLIC SYNDROME: LIFE-STYLE AND FOOD
11:00 A.M. - 11:15 A.M. TEA BREAK	
11:15 A.M. - 12:45 P.M.	SESSION II: RESPIRATORY DISEASES: ENVIRONMENT AND OCCUPATION
12:45 P.M. - 02:15 P.M. LUNCH BREAK	
02:15 P.M. - 04:00 P.M.	SESSION III: IMMUNE WELLNESS: SCOPE AND CHALLENGES
04:00 P.M. - 04:15 P.M. TEA BREAK	
04:15 P.M. - 05:00 P.M.	SESSION IV: PANEL DISCUSSION: HOLISTIC HEALTH
05:00 P.M. - 06:00 P.M.	TRAVEL TIME TO ATTEND CULTURAL PROGRAM
06:00 P.M. - 07:30 P.M.	CULTURAL EVENING
07:30 P.M. - 09:00 P.M. DINNER	
09:00 P.M. - 10:00 P.M.	TRAVEL FROM VENUE TO ACCOMMODATION

Parallel Sessions: Exhibition, Wellness Centre, Mass Campaign



SUPPORTED BY



सत्यमेव जयते
Ministry of New and Renewable Energy
GOVERNMENT OF INDIA



सत्यमेव जयते
Ministry of Environment, Forest and Climate
Change GOVERNMENT OF INDIA



सत्यमेव जयते
Ministry of Rural Development
GOVERNMENT OF INDIA



सत्यमेव जयते
Ministry of Information and Broadcasting
GOVERNMENT OF INDIA

COORDINATED BY



DR. PARASURAMAN JAISANKAR
CSIR-IICB, Kolkata
Email: jaisankar@iicb.res.in
9051758339



DR. ARUN BANDYOPADHYAY
CSIR-IICB, Kolkata
Email: arunb@iicb.res.in
9433516720



DR. ABHIJIT GHOSH
Vijnana Bharati
Email: abhijityoga@gmail.com
9945704400



DR. PREETI CHHABRA
Vijnana Bharati
Email: drrajchh@yahoo.com
9891008498



NIRBINDU DAS
Consultant
Email: nirbindudas.iisf@gmail.com

IISF-2019 Secretariat

www.scienceindiafest.org

Email: wellness@scienceindiafest.org

Ph: 9051758339/9433516720/9945704400/ 9891008498