

## OUR MISSION

To provide the highest quality Science led evidence based medical care in Ayurveda.

## CORE FACULTIES



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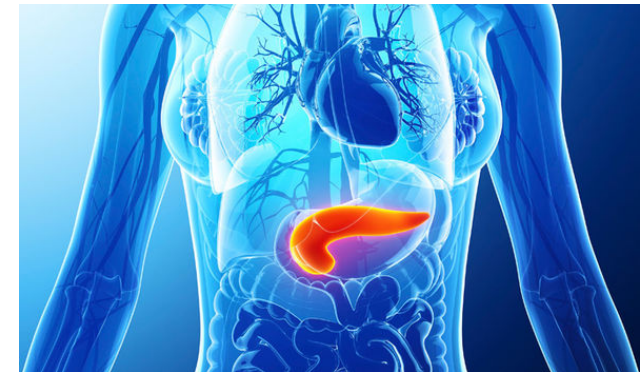


## BHARATH MISSION BHISHAK

A series of CME s and Workshop on Science Based Evidence Based Ayurveda for transforming the current status of Prescriber to the intended status of BHISHAK.



**SBEBA**  
**WISDOM SERIES**



## Contact and Venue

### SBEBA WISDOM SERIES

This training programme would equip the participants with knowledge and skills for adopting evidence based decision making guidelines pertinent to the state and stage of all acute and chronic diseases prevalent in society today.



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JP Hall, Gandhi Bhavan ,  
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**CME AND WORKSHOP  
ON DIABETES**

[www.sbeba.org](http://www.sbeba.org)

## HIGHLIGHTS

The cutting-edge SBEBA workshop on Diabetes mellitus and its complications

### Account Details

Dr. Neema Sudhakar

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### Fee Details

- ❑ UG students and Internee:- 1000INR
- ❑ PG scholars :- 1500INR
- ❑ Practitioners / Teachers:- 2000INR

## NOVEMBER 3rd

**08:00AM- 09:00AM** Breakfast  
**09:00AM-09:30AM** Inauguration  
**09:30AM-10:00AM** Introduction of the CME and Workshop  
**10:00AM-11:30AM** Applied Tridosha Siddhanta  
**11:30AM-11:45AM** Tea Break  
**11:45AM-01:00PM** Pancha Samprapthi + Inflammation  
**01:00PM-02:00PM** Lunch Break  
**02:00PM-03:00PM** Discussion and Workshop  
**03:00PM-03:30PM** Ayurvedic Basic Principles related to DM  
**03:30PM-04:00PM** Quiz  
**04:00PM-04:30PM** Evidence Based Approach

A complete shift from  
"This Medicine -  
That Disease "  
approach to  
"How to decide"  
approach.

1

Science based evidence based guidelines for comprehending the aetio-pathogenesis of Diabetes mellitus and its complications

2

Algorithms and science led evidence based recommendations in accordance to the state and stage of the disease

3

The SBEBA guidelines are developed based on the inbuilt scientifically agreed methods of Ayurveda and hence the body of evidence can be trusted to guide the clinical practice.

4

The CME and Workshop explores the fundamental Ayurvedic principles of physiology, pathophysiology and applied pharmacology in Diabetes mellitus

## November 4th

**08:30AM-09:00AM** Breakfast  
**09:00AM-10:00AM** Diagnostic principles in various state & stage of DM  
**10:00AM-11:00AM** Diabetes- SBEBA decision making in T2DM  
**11:00AM-11:15AM** Tea Break  
**11:15AM-12:15PM** T2DM - Diagnostic & Treatment principles of complications  
**12:15PM-01:00PM** Discussion and Workshop  
**01:00PM-02:00PM** Lunch Break  
**02:00PM-03:00PM** Bheshaja Nirnaya  
**03:00PM-04:00PM** Quiz  
**04:00PM-04:30PM** Conclusion

## Training the ACDTE Approach of SBEBA decision making

- Assess the patient by Science Based Evidence
- Choose and appraise the pertinent Science Based Evidence
- Decision making based on Evidence
- Translate into the situation in patient
- Evaluate the outcome in the situation