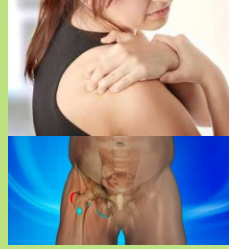


## Focus

1. Bursitis
2. Tendonitis
3. Fasciitis
4. Ligament Injuries

Causes, Clinical examinations, Differential Diagnosis, Management, Classical Ayurveda Treatments & Medications



vaidyagrāma  
स्वे भवन्तु सुखिनः



## 08 th December 2018

08. 00 AM Registration  
09. 00 AM Inauguration  
10. 00 AM An outlook on soft tissue Rheumatism  
**Dr. G. Syamakrishnan, MD**  
11. 30 AM Bursitis and Management in Ayurveda  
**Dr. Prakash Mangalassery, MD, PhD**  
02. 00 PM Ligament Injuries & Management in Ayurveda  
**Dr. Mallika. K. J, MD, PhD**  
04. 00 PM Fasciitis – Diagnosis and Management in Ayurveda  
**Dr. P. M. Madhu, MD**  
05. 30 PM Practical demo on 'siravedham' & 'sringam' and experience sharing  
**Dr. S. P. Sreejith, MD**

## 09 th December 2018

08. 00 AM An Ayurvedic approach to Tendinopathy  
**Dr. Jomon Joseph Daniel, MD**  
10. 00 AM Ayurveda Principle in Management of Soft tissue Rheumatism  
**Dr. Srinivas Hejmadi Acharya, MD, PhD**  
11. 30 PM Role of 'Rasoushadhas' in Management of Soft tissue rheumatism  
**Dr. Jithesh. M. K, MD**  
02. 00 PM An outlook on common musculoskeletal disorders with special reference to Agastya Marma Shastra  
**Dr. Ajayan Sadanandan, MD, PhD**

## About the Conference

This conference aims to improve the understanding, efficacy and safety of Ayurveda treatment for Soft Tissue Rheumatism, which most physicians come across in everyday practice.

- Chief Patron** - Padma Shri. Dr. P. R Krishnakumar  
**Chairperson** - Dr. Harikrishnan. K. K  
**Convener** - Dr. Ramanandan. E. K  
**Coordinator** - Mrs. Geetha Mohandas

## Registration fee

- Ayurveda Physician - Rs. 2000/-  
Ayurveda Students - Rs. 1500/-  
Students Group Registration - Rs. 12000/- (10 Students + one Teacher)  
Physicians Group Registration - Rs. 18000/- (10 Numbers)

\*Entry restricted for 200 registered delegates



Conference on  
**Soft Tissue Rheumatism**

with reference to  
**'Anukta vyadhi Chikitsa'**

On 8th and 9th December 2018  
Organized by Punarnava Ayurveda Trust,  
Coimbatore

Registration:  
Contact – 90470 17535

Group Registration  
Contact – 97877 07525, 98439 88823, 90478 17525

Email: [geetha@punarnava.org](mailto:geetha@punarnava.org)  
[dr.ramanandan@ayurvedaconference.com](mailto:dr.ramanandan@ayurvedaconference.com)

Venue:  
Vaidyagrama Ayurveda Healing Village,  
Thirumalayampalayam, Coimbatore- 641105

[www.ayurvedaconference.com](http://www.ayurvedaconference.com),  
[www.vaidyagrama.com](http://www.vaidyagrama.com)



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AYURVEDA TRUST



## Dr G Syamakrishnan, MD (Kayachikitsa)



Chief Medical Officer, Indian Systems of Medicine Department, Government of Kerala, Member of Institutional Review Board, Government of Kerala, member of Scientific Committee and Research Wing, Indian Systems of Medicine.

He is an alumnus of Coimbatore and Trivandrum Ayurveda Colleges, and was trained under Ayurveda stalwarts like Vaidyamadam Cheriyanarayanan Nampoothiri and Poomulli Neelakantan Nampoothiripad. He has designed a project on cost effective and evidence-based Ayurveda funded by the Government of Kerala, to manage 100 diagnosed Inter Vertebral Disc Prolapse patients. He has been conferred with "Caraka Award", "Ayurveda Gnana Bindu" and "Dhanwantari Award".

## Dr P M Madhu



Assistant Professor in Roganidanam Department of Govt. Ayurveda College, Kannur, Kerala

He is a Resource Faculty, an Ayurveda teacher, an International Trainer, writer and speaker. A graduate of Kottakkal Ayurveda College, and post graduate from Kannur Govt. Ayurveda College. He is the recipient of P.S.Warrier National Essay award, four times. He has participated and presented scientific papers in various national and international seminars. The books he has to his credit are 'A working model for Diagnosis in Ayurveda', 'Gulmam', 'Consultations in Ayurvedic Dermatology'. He has also authored two popular health Ayurveda awareness books in the regional language. He has also written a malayalam novel 'Uyir Ariv', based on the past and present of the ancient medical science.

## Dr Srinivas Hejmadi Acharya



Hon.Professor of Panchakarma at Gujarat Ayurved University, Jamnagar.

An MD and Ph.D in Ayurveda, he has served as a faculty member at Gujarat Ayurveda University, Jamnagar (India) for about 25 years, as Professor & head of the Panchakarma Department, and Director of the International Center for Ayurvedic Studies at the University. He also served as Program Officer for WHO Collaborative Projects of Gujarat Ayurved University. He is the author of the book "Science of Marma – in Ayurvedic diagnosis & treatment". He has travelled widely, delivering lectures, attending workshops and providing health consultations since more than 20 years.

## Dr Prakash Mangalasseri



Associate Professor (Kaya Chikitsa) at Kottakkal Ayurveda College

He is a gold medalist in BAMS and MD(Ayu), and is now in pursuit of his PhD programme. He has been an invited speaker at national and international workshops of Ayurveda, and is resource person and member of various prestigious Ayurveda panels. He is an author, reviewer and editor of many Ayurveda journals. He is also a recipient of the Best Research Thesis award and best UGC Program Award.

## Dr S P Sreejit



Medical Officer, Government of Kerala

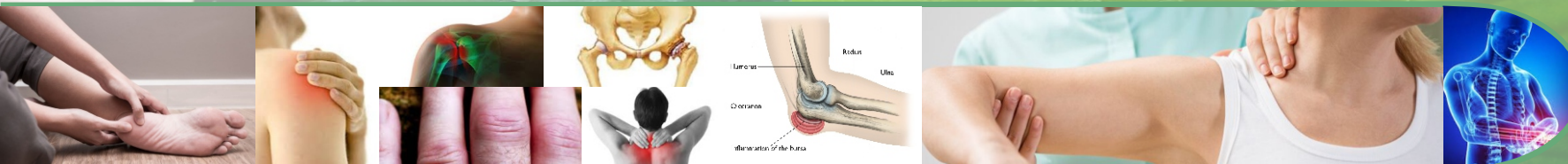
A graduate of Trivandrum Govt. Ayurveda College, his area of propagation is parasurgicals of Ayurveda. He regularly trains interneers from around 18 Ayurveda colleges. He has made a full digital documentation of his first hand experience of 35 days in Kuti Pravesika Rasayanam treatment.

## Dr Jithesh M K



Ayurveda Physician, Kottakkal Arya Vaidya Sala

An Ayurveda graduate and post-graduate in Rasa Sastra and Bhaishajya Kalpana from Rajiv Gandhi University of Health Science, he has substantial clinical as well as adequate experience in the practical and pharmaceutical fields. His main area of interest is to clinical Rasa Sastra, which he believes is where Ayurveda's future lays. He has incorporated the contemporary pharmaceutical knowledge along with ayurvedic concepts without deviating from its basic principles. He also has articles published in many reputed peer-reviewed journals as well.



## Dr Mallika K J



Faculty at Ayurveda College, Hassan

This Ayurveda Physician, who has Best teacher awards too to her credit, completed her MD in Samhita, and PhD in Moulika Siddhanta, has over 16 years of teaching experience. She is a recognised PG & PhD guide, and is member of various Ayurveda Committees. She has edited and translated the book Charaka Sruti Prakasam, and is a reviewer for Ayurveda Journals JREIM & AYU. She has been the principal Investigator for many prestigious research projects and has authored and published many research papers.

## Dr Jomon Joseph Daniel



Government Ayurveda dispensary, Nilambur

After his Ayurveda graduation from Thripunithura Govt. Ayurveda College, and post-graduation in Kaya Chikitsa from Trivandrum Govt. Ayurveda College, he served as Senior Medical Officer in the Indian Systems of Medicine Department, Government of Kerala. His specific areas of clinical interest include Clinical neurology, infertility. He has co-authored a book on 'Human Cognition', and has published a paper on "Management of Motor Neuron Disease".

## Dr Ajayan Sadanandan



Professor, Department of Dravyagunavignana, Ashotangam Ayurveda College, Vavannur, Kerala.

After doing his B.A.M.S, he has pursued his M.D, Ayurveda and Ph.D in Dravyaguna, Born and brought up in Agastya Marma Shastra practicing family (his grandfather Brahmarshree O Keshavan Nadar Swami, was first head of Marma department, Trivandrum Ayurveda college), he taught and trained Agastya Marma under the guidance of late Vaidya Sri Raghavan. His current focus is on Ayurveda's importance in biodiversity conservation and is an Ethno-medico botanical informer and researcher.