

Chief Organizers:

Prof. K. R. Kohli,
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Directorate of AYUSH
Maharashtra State



Arogya Bharati

NATIONAL SEMINAR
DIABETES MELLITUS
FROM LABORATORY TO PRACTICE



Date: August 16-17, 2017

Venue: Dr. D. Y. Patil Auditorium, Nerul, Navi Mumbai.

In Collaboration with

R.A. Podar Medical College (Ayu), Worli, Mumbai
Smt. KGMP Ayurved Mahavidyalaya, Charni Road, Mumbai
APM's Ayurved Mahavidyalaya, Sion, Mumbai
Dr. G. D. Pol Foundation's Y.M.T. Ayurved Medical College, Kharghar, Navi Mumbai
School of Ayurveda, D.Y. Patil University, Nerul, Navi Mumbai
SNKD Trust's Nallasopara Ayurved Medical College, Nallasopara (E), Palghar

Conceptual background

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Recent research studies have found that:

- ✧ Rapid urbanization and industrialization have altered the diet and lifestyle pattern significantly leading to an alarming rise in the incidence of non-communicable lifestyle related diseases.
- ✧ Amongst these lifestyle related diseases Diabetes mellitus and Metabolic Syndrome are the most commonly prevalent disorders and pose a major threat to public health, affecting people from all strata of the society.
- ✧ Regular screening and early detection of Pre-diabetes, Metabolic Syndrome and Diabetes mellitus can help in prevention of Diabetes Mellitus and onset of its complications.
- ✧ Apart from good glycemic control, comprehensive management of Diabetes mellitus involves counseling about Diet and Lifestyle changes and treatment to boost immunity and general health of the patient and early detection and management of the debilitating complications of the Disease.
- ✧ Various medicinal plants, medicinal formulations and therapies mentioned in management of Prameha and Madhumeha in Ayurvedic texts have shown significant anti-diabetic activity during in vitro and in vivo studies.
- ✧ The main objective of this Seminar is to update the Medical Officers, Teachers, Post graduate and Ph. D. research scholars of Ayurveda about the recent advances and current research trends in the management of Diabetes mellitus and its complications with a comprehensive and integrated overview which is clearly the need of the hour.



Aims

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- ✧ To combine the best of western and Ayurveda knowledge in understanding and managing Diabetes mellitus and its complications
- ✧ To underline the role of Ayurveda in management of Diabetes mellitus and its complications and present such Ayurvedic researches in scientific format
- ✧ To assess, implement and analyze the existing integrative therapy protocols recommended in the management of Diabetes and its complications
- ✧ To upgrade the literary as well as clinical and research skills of Post graduate / Ph. D. research scholars in the management of Diabetes mellitus and its complications through experience and evidences presented in the seminar by speakers.
- ✧ To provide platform for post graduate / Ph. D. research scholars to showcase their aptitude for research in Ayurved in general and Diabetes in particular

Highlights

- ✧ Practically oriented Plenary Lectures focusing on all aspects of Diabetes Mellitus to be delivered by renowned Ayurvedic and Allopathic academicians, clinicians and researchers from across India.
- ✧ Comprehensive knowledge update about the current trends in the diagnosis, management and research in the field of Diabetes mellitus with special focus on Ayurvedic interventions.
- ✧ Valuable Platform for Post Graduate and Ph. D. students of Ayurveda across India to participate in Scientific Paper and Poster presentations on Diabetes Mellitus.



Participants eligible for this Seminar

Ayurveda teachers, Post Graduate and Ph. D. research scholars from recognized Ayurveda institutes across the country.

Registration Fees

(Includes Delegate Kit, Breakfast, Tea & Lunch for 2 days and Dinner on Day 1)
(Accommodation charges not included)

Sr. No	Delegate	Before Last Date (5 th July, 2017)	From 6 th -15 th July, 2017
01	Teacher	Rs. 2500/-	Rs. 3000/-
02	PG / Ph. D. Scholar	Rs. 2000/-	Rs. 2500/-

- The date of commencement of Online Registration shall soon be conveyed on the official website of the National Seminar: www.ayushseminarmaha.info.
- Delegates will be free to select the Accommodation of their choice from amongst the list of local Accommodation facilities listed by the organizers or any other preferred accommodation and book the accommodation online.
- The list of preferred accommodation facilities / hotels will soon be displayed by the Organizers on the official website of the National Seminar: www.ayushseminarmaha.info



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Tentative Schedule Day-I

16th August 2017-Wednesday

Time	Event
8:00 am to 9:00 am	Breakfast & Registration
Scientific Session-1 (9:00 am to 11:00 am)	
9:00 am to 9:30 am Key-Note Speech	Dr. Manoj Nesari (Advisor Ayurveda, AYUSH Ministry, New Delhi) Topic- Madhumeha Mukta Bharat-Role of AYUSH Ministry
9:30 am to 10:00 am Guest Speech	Prof.Vd. K. S. Dhiman (Director General-CCRAS, New Delhi) Theme-Madhumeha/Diabetes Mellitus-Role of CCRAS-Part-I
10:00 am to 10:30 am Guest Speech	Dr. N. Srikanth (Deputy Director General-CCRAS, New Delhi) Theme-Madhumeha/Diabetes Mellitus-Role of CCRAS-Part-II
10:30 am to 11:00 am Guest Speech	Dr. Nirmala Rege (Professor & Head, Dept of Pharmacology, Seth G. S. Medical College, Parel, Mumbai) Topic- Experimental models in DM and challenges involved and possible ways to overcome - Ayurvedic perspective.
Inauguration Ceremony (11:00 am to 12:00 noon)	
12:00 noon to 12:30 pm Inaugural Key-note Address	Prof. R.H. Singh (Professor Emeritus, Faculty of Ayurved, IMS, BHU, Varanasi)
12:30 pm to 1:30 pm	Lunch
Scientific Session-2 (1:30 pm to 3:00 pm)	
1:30 pm to 2:00 pm Guest Speech	Dr. Vyankatesh Shivane- Consulting Diabetologist, Mumbai. Theme- " Obesity to Diabetesity: Epidemiology of Type 2 DM in India "

2:00 pm to 2:20 pm Guest Speech	Prof. Dr.Y.K. Sharma (Dean, Rajiv Gandhi Govt. PG College, Paprola, HP) Topic- Understanding etiology of Madhumeha in present context-Intervention & relevance of herbal drugs.
2:20 pm to 2:40 pm Guest Speech	Vd.G.P. Upadhyaya (Retd. Professor, Dept. of Rog Nidan, Shree Ayurved College, Nagpur) Theme- Madhumeha Nidan
2:40 pm to 3:10 pm Key-Note Speech	Prof. H.M. Chandola (Director-Principal,Ch. Brahma Prakash Ayurved Charak Sansthan, Govt. of NCT of Delhi.) Theme-Madhumeha-Ayurvedic perspective
3:10 pm to 3:20 pm	High Tea
Scientific Session-3 (3:20 pm to 5:30 pm)	
3:20 pm to 3:50 pm Key-note Speech	Prof. Abhimanyu Kumar (Director, All India Institute of Ayurveda, New Delhi) Theme-Sahaj Prameha
3:50 pm to 4:10 pm Guest Speech	Dr. Rajgopala S (Dept of Balrog, All India Institute of Ayurveda, New Delhi) Topic-Juvenile Diabetes - Ayurvedic understanding & approach
4:10 pm to 4:30 pm Guest Speech	Dr. Mukesh Agrawal (Professor & Head, Dept of Paediatrics, Seth G. S. Medical College, Parel, Mumbai) Topic- Juvenile Diabetes-From Books to Bedside
4:30 pm to 4:50 pm Guest Speech	Dr. Pankaj Wanjarkhedkar (Consulting Physician and Principal Investigator, Deenanath Mangeshkar Hospital and Research Centre, Pune, Maharashtra) Topic- Scope of herbal Treatments in Insulin Resistant Diabetes
4:50 pm to 5:10 pm Guest Speech	Vd. Sanjay Tamoli (Consulting Physician & CEO- Abhinav Pharma Ltd, Mumbai) Topic- Ayurvedic Management of Diabetic Retinopathy
5:10 pm to 5:30 pm Guest Speech	Vd. Aarti Chapholikar (Consulting Ayurvedic Physician) Topic- Ayurvedic Management of Diabetic Nephropathy
Scientific Paper Presentation (5:30 pm to 7:00 pm)	
7:00 pm to 8:00 pm	Cultural Programme
8:00 pm to 9:30 pm	Dinner

17th August 2017-Thursday

Time	Event
8:00 am to 9:00 am	Breakfast & Registration
Scientific Session-4 (9:00 am to 11:00 am)	
9:00 am to 9:30 am Key-Note Speech	Dr. Sanjeev Sharma (Director, NIA, Jaipur) Topic- Diabetic Foot-Ayurvedic perspective
9:30 am to 9:50 am Guest Speech	Dr. A. C. Kar (Professor & Head, Dept. of Vikriti Vigyan, Faculty of Ayurveda, IMS, BHU, Varanasi) Theme-Etiology of Diabetes mellitus-Ayurvedic perspective
9:50 am to 10:10 am Guest Speech	Vd. G.S. Kodwani (Associate Professor, Dept of Rog Nidan, Govt. Ayurved College, Nagpur) Theme-Madhumeha Nidan evum Samprapti
10:10 am to 10:30 am Guest Speech	Prof.M.S. Baghel (Former Director, I.P.G.T. & R.A., GAU, Jamnagar) Topic-Conceptualization of Samprapti of Diabetes mellitus and its utility in management.
10:30 am to 11:00 am	Tea Break
Scientific Session-5 (11:00 am to 12:30 pm)	
11:00 am to 11:30 am Key-Note Speech	Dr. P. K. Prajapati (Dean, All India Institute of Ayurveda, New Delhi) Theme- Review of important herbal and herbomineral formulations in Madhumeha chikitsa
11:30 am to 11:50 am Guest Speech	Dr. Mukund Sabnis (Jeevanrekha Ayurved Chikitsalay & Research Centre, Aurangabad) Topic- Ayurvedic Dietetics in management of Diabetes Mellitus
11:50 am to 12:10 pm Guest Speech	Prof. Sadhana Sathaye (Professor of Pharmacy, Department of Pharmaceutical Sciences & technology, Institute of Chemical Technology, Mumbai) Theme-Current Research Trends in Diabetes mellitus-Ayurvedic perspective

12:10 pm to 12:30 pm Guest Speech	Prof. Pratima Tatke (Principal in charge, Professor of Pharmaceutical Chemistry, C U Shah College of Pharmacy, Mumbai) Topic- Animal models used in Diabetes research and their importance.
12:30 pm to 1:30 pm	Lunch
Scientific Session-6 (1:30 pm to 3:00 pm)	
1:30 pm to 2:00 pm Key-Note Speech	Dr. S. Gopakumar, M. D. (Associate Professor & RMO, Govt Ayurveda College, Thiruvananthapuram, Kerala.) Topic-Classical Ayurvedic Management of DM
2:00 pm to 2:20 pm Guest Speech	Dr. Pawan Kumar Godatwar (Associate Professor, Dept of Rog Nidan, NIA, Jaipur) Topic- Medodushti (Adiposopathy): the precursor of Prameha (Diabetes mellitus)
2:20 pm to 2:40 pm Guest Speech	Dr. Tushar Rege (Consulting Diabetic Foot Surgeon, Mumbai). Topic-Management of Diabetic Foot.
2:40 pm to 3:00 pm Guest Speech	Dr. S. Natarajan (Consulting Ophthalmic Surgeon, Mumbai) Topic- Diabetic Retinopathy
3:00 pm to 3:30 pm	High Tea
3:30 pm to 5:00 pm	Panel Discussion Members : Dr. D.C. Katoch (Advisor, Ayurved, AYUSH Ministry, New Delhi) Prof. K. R. Kohli (Director, Directorate of AYUSH, Maharashtra State, Mumbai) Prof. S. S. Savrikar (Advisor to Hon'ble Minister, Medical Education & Drugs, Government of Maharashtra and Prof. & Head, Dept of Rasashastra & Bhaishajya Kalpana, R. A. Podar Medical College (Ayu), Worli, Mumbai) Shri Ranjit Puranik , CEO, Shree Dhootapapaeshwar Ltd. Shri Shashank Sandu , MD, Sandu Pharmaceuticals Dr. Deepak Ghume - Arogya Bharati
5:00 pm to 5:30 pm	Valedictory Function



Paper / Poster Presentation on Diabetes mellitus / Madhumeha

- ☛ The abstracts must be submitted only through the online submission on website : **www.ayushseminarmaha.info**
- ☛ Prior online Registration with full payment of the Registration Fees is mandatory before submission of Abstract for Paper/Poster presentation.
- ☛ Last date for ABSTRACT Submission: - **5th July, 2017.**
- ☛ Extended Last Date for ABSTRACT submission: - **15th July, 2017.**
- ☛ Last Date for FULL PAPER submission: - **15th July, 2017.**
- ☛ Extended Last Date for FULL PAPER submission: - **31st July, 2017.**
- ☛ Submissions should be structured under the headings (Structured Abstract) – Hypothesis, Objectives, Methodology, Results and Conclusions.
- ☛ This is applicable to all abstracts whether it is basic or clinical research including literary research works.
- ☛ The abstract should be written in correct English.
Word count of 200 words
Font: Times New Roman.
Font size: 12
Line Spacing: 1.5
- ☛ The editors will not do any text editing or reformatting.
- ☛ All submitted abstracts will be peer-reviewed by the Scientific Committee.
- ☛ Authors will be notified of abstract acceptance by e-mail, no later than **21st July 2017.**
- ☛ The decisions of the Scientific Committee are will be final on all matters pertaining to the presentation and publication.
- ☛ All oral presentations will get 6 minutes followed by 2 minutes of discussion via a Convener.



- ✧ Author should give declaration of originality of research paper and conflict of interest. Scientific committee will not be responsible for plagiarism issues.
- ✧ Posters are graphic presentations of a scientific paper.
- ✧ During July 2017, a template for the poster will be made available at Seminar website www.ayushseminarmaha.info.
- ✧ The poster should then be submitted as a PDF file to papers on Seminar website www.ayushseminarmaha.info no later than **5th August, 2017**.
- ✧ All selected abstracts of both oral presentations and posters of authors who have registered will be published in the Souvenir.



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