



Presents

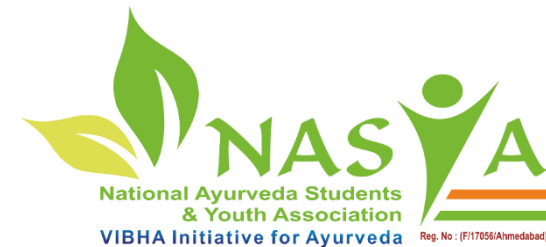
ALL ARE WELCOME



Aarambh...

14th - 16th September 2017

National Institute of Ayurveda, Jaipur (Rajasthan)



NASYA Proudly Announces



Supported By





NASYA is pleased to inform it's upcoming first ever National event, one of its kind “**1st RAYM 2017** i.e. **1st Rashtriya Ayurveda Yuva Mahotsav-2017**”, in association with **National Institute of Ayurveda, Jaipur** as an initiative to closely knit the Youth of Ayurveda in one string.

This mega event is scheduled for **14th to 16th September 2017** with approximately 3000 participants including Ayurveda students, clinicians, researchers, practitioners, etc. from all corners of the country to show their academic, clinical, research as well as extra-curricular talents.

OBJECTIVES of RAYM



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1. To provide a National Platform for the Youth of Ayurveda to show their talent and hidden potentials with a different kind of fun & learning experience.
2. To channelize the blooming energies and mental resources of the young brains in the progress of Ayurveda.
3. To make available a unique opportunity for all participants to interact with each other for the newer developments in the field of Ayurveda.
4. To blend the modern & ancient concepts to re-establish the glory of Ayurveda in today's fast pace life.



COMPETITIONS

01	Ayur-Next...	The Ayurvedic Techno Innovative Competition
02	Ayur-GK...	MCQ Competition (100 Qs to be solved in 60 minutes)
03	Indradhanu...	Spot Painting Competition
04	Nataraja...	Group Dance Competition
05	Sambhashanam...	Elocution Competition
06	Saptarangi...	Rangoli Competition
07	Saraswati...	Shloka Recitation Competition
08	E-Ayurveda	
	(i) Video documentary	Video Documentary आयुर्वेद पढाओ, आयुर्वेद बढाओ
	(ii) Photography	Photography - मैं और मेरा कॉलेज
	(iii) Herbo-Portrait	Photo with Herbs and Geo-tagging



ASSOCIATED EVENT / SPECIAL ATTRACTIONS

09	Guinness Book of World Records	
10	Dashavataram	

01. AYUR-NEXT

.....The Techno Innovative Expo of Ayurveda Students & Youth

1. First time in the history of Ayurveda fraternity :
2. Innovative model and projects competition.
3. Every college will prepare one model based on “Scientific Approach of Ayurveda”.
5. Only one entry per institution is allowed.
6. 50% Professionals : 50% Students can participate
7. Any new concepts without changing the basics of Ayurveda, E.g. -



01. AYUR-NEXT

.....The Techno Innovative Expo of Ayurveda Students & Youth

1. Panchkarma instruments' design in innovative way.
2. Hetu, Linga and Aushadh in various disease in model form.
3. Yantra, Shastra and/or other Rasa Shastra Instruments in modified forms.
4. Concepts of modernized Ayurveda Hospital
5. Alterations in Dose, Palatability, form of Ayurveda Medicines and anything as per Ayurveda concepts



2. AYUR-GK

.....MCQ Competition

1. There will be 80 MCQ Questions & time: 60 minutes
2. 3 marks for each right question, whereas 1 minus mark for the wrong one
3. There will be two groups – UG & PG
4. Questions will be selected from the BAMS 1st year syllabus for the UG group while there is no limit for the PG group about the selection of the questions.



03. INDRA DHANU

.....Theme Based Spot Painting Competition



1. Each participants will get a painting Sheet of A3 size for painting.
2. The participants are required to carry their own stationary and colors.
3. Time limit will be 2 Hours only.
4. Maximum 1 participant will be allowed from each college.
5. Theme will be announced 1 month prior the competition



04. NATARAJA

.....Group Dance Competition

1. Only one entry per Institution is allowed.
2. Total permissible entries are 50, on first come basis
3. Maximum **10 participants** allowed per team. The team may consist of only boys, only girls or both.
4. The number of accompanists permissible is 2.



04. NATARAJA

.....Group Dance Competition

5. The dance can be either folklore, traditional, regional or representing state or national culture in nature but not a classical one.
6. Duration of dance (on stage & backstage) should not be more than 07 minutes
7. After 7 minutes negative marking will be imposed.
8. Decision of the Judges will be the final.
9. 3 best and 2 consolation prizes will be given to winners

05. SAMBHASHANAM

.....Elocution Competition

1. Only one entry from each college
2. Total 80 entries will be allowed.
3. Subjects will be provided by us and students will have to select one subject from these
4. Total time for presenting subject is 3 + 1 minutes In which participant will be informed by a single warning bell after 3 min.
5. A double bell will be rang to intimate to stop the speech.
6. Continuation of speech after 4 min will lead to negative marking.



05. SAMBHASHANAM

.....Elocution Competition

7. It will be organized in 4 parallel sessions with 20 participants in each group
8. Four Pre-decided subjects will be provided related to current National & Ayurvedic issues.
9. Participant should take care while talking not to disrespect any person / organization / company.
10. 12 selected participants will be will go for the next "Rapid Fire Round"
11. Subject will be provided on the spot, for 3 min. only
12. 3 best and 2 consolation prizes will be given to winners



06. SARASWATI

.....Shloka Recitation Competition



1. Only one entry per Institution is allowed. Up to 100 participants will be allowed
2. 2 to 3 minutes will be given to each participant.
3. Only Ayurveda classics based Shlokas will be considered in the musical forms with reference.

E.g. अष्टांग हृदय, चरक-संहिता सूत्रस्थान।

06. SARASWATI

.....Shloka Recitation Competition



5. Knowledge of स्मरण, लय, छन्द, संधि-विच्छेद, etc will also be taken care.
6. It will be organized in 4 parallel sessions with 20 participants in each group
7. 12 selected participants will be will go for the final round.
8. 3 best and 2 consolation prizes will be given to winners

07. SAPTARANGI

.....Rangoli Competition

1. Each participants will get a 2f X 2f square area to make the Rangoli
2. The materials for the same will have to arrange by the participants only.
3. Time limit will be 60 minutes.
4. Maximum 1 participant will be allowed from each college.
5. 3 best & 2 consolation prizes will be given





digital



E-Ayurveda



08. (i) Video-Documentary

.....Competition

आयुर्वेद पढाओ, आयुर्वेद बढाओ



08. (ii) Photography

.....Competition



मैं और मेरा कॉलेज

08. (iii) Herbo-Potrait

.....Selfie with Herb Competition





Associated Events

(1) GUINNESS BOOK OF WORLD RECORDS





Action

Climate Change



Connect



(2) DASHAVATARAM

.....Herbo-Fashion-Show

PARTICIPATION RULES

.....MUST BE FOLLOWED

1. Each Ayurveda Institute can participate in 5 events.
2. Maximum number of participants per institute allowed is 20 with 2 mentors
3. Only UG & PG Students can participate
4. Professionals can participate in Ayur-Next & World Record
5. An individual can participate in 2 competitions only.
6. Registration fee is Rs. 300/-
7. Food and Accommodation is free for the registered participants from the college
8. Other than these, can register @ 300/- but food & accommodation will not be taken care by NASYA.
9. Any Ayurveda scholar can register themselves for the GUINNESS BOOK OF WORLD RECORDS @ Rs 200/-



Register Yourself To Be Part Of India's First Ever
National Youth Festival
1st Rashtriya Ayurveda Yuva Mahotsava 2017



www.raym.in

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1st RAYM Secretariat, National Institute of Ayurveda, Room No 128, First Floor,
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Organised By


NASYA & NIA
Proudly Present

1st Rashtriya Ayurveda Yuva Mahotsava 2017



Aarambh...

Date : 14th to 16th September 2017
Venue : National Institute of Ayurveda, Jorawar Singh Gate, Amer Road, Jaipur (Rajasthan) - 302002




Vijnana Bharati (VIBHA)

Previously known as **Swadeshi Science Movement** is a non-profit-organization, working for popularization & practical implementation of modern technology along with ancient sciences of India. It was conceived in Indian Institute of Science, Bengaluru by a group of eminent scientists under the guidance of Prof. K. I. Vasu. VIBHA is presently conducting its activities through 22 independent units functioning in all the corners of the country. It is a dynamic Science Movement, where the spirit of Swadeshi (means of one's own country), is deeply imbibed. It has a unique existence as it interweaves traditional and modern sciences; along with smartly incorporating the concept of nature and spiritual aspects which are an integral part of the rich Indian culture and heritage. VIBHA is working in different areas, amongst which World Ayurveda Foundation (WAF) & National Ayurveda Students & Youth Association (NASYA) are working for Ayurveda.




National Ayurveda Students & Youth Association (NASYA)

AVIBHA Initiative for Ayurveda, took birth on 20th December 2008, during the 3rd World Ayurveda Congress & Arogya Expo at National Institute of Ayurveda, Jaipur (Rajasthan). The concept was to instill the spirit amongst the Students & Youth, to strive for the benevolent and wholesome integration of Ayurveda into the main stream, in the modern era. Presently NASYA has its presence in 21 states and has active members across the nation. In the past it has successfully conducted national & international Ayurveda conferences, several hands on training workshops and re-orientation training programmes on various subjects like Raktamokshan, Agni-Karma, Rashaushadi Nirman, Vanaspati Darshan etc. empowering the young Vaidyas and aiding them to mature as efficient health providers.



National Institute of Ayurveda (NIA)

The National Institute of Ayurveda is located in Jaipur (Rajasthan). The Institute has a glorious tradition of about 145 years, when the Department of Ayurveda was started in 1865 in the Maharaja Sanskrit College, Jaipur which gained popularity as the "Jaipur School of Thought". An independent Ayurvedic College was established in August 1946, by the Government of Rajasthan and this College was merged to form NIA in February 1976. After its establishment in 1976 the Institute has grown tremendously in the field of Teaching, Training, Research and patient care. It has always strived for maintaining high scientific standards of PG course and a specialties for fellowship program leading to PhD, in addition to the regular UG, and Diploma course in Ayurveda Nursing & Pharmacy. The Institute is affiliated to Dr S. R. Rajasthan Ayurved University, Jodhpur. ROTP, TOT and CME programs in various subjects are conducted periodically, as approved and allotted every year by the Ministry of AYUSH. The Institute has 354 bedded hospital with OPD and a primary emergency care unit. It also has a Panchkarma unit, a centre of Excellence for Eye diseases, Specialty clinics for Diabetes, Allergy, Geriatrics, Dietary, Child Mental Health etc.



1st Rashtriya Ayurveda Yuva Mahotsava (RAYM) - 2017



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- To blend the modern & ancient concepts to re-establish the glory of Ayurveda in today's fast pace life.

Events / Competitions	
1. AyurNest...	The Techno Innovative Competition & Expo
2. AyurQK...	Quiz Competition
3. Indrashans...	Spot Painting Competition
4. Nataraja...	Group Dance (Folklore, Traditional, Regional or representing state or national culture)
5. Sambhashanam...	Elocution Competition
6. Sansavali...	Musical Shloka recitation competition
7. SaptaSring...	Rangoli Competition
8. E-Ayurveda	
(i) Video documentary	आयुर्वेद पढ़ाओ, आयुर्वेद बढ़ाओ
(ii) Photography	सँ और मेरा कलितव
(iii) Herb-Portfolio	Photo with herbs and geotagging
Awards/Event/ Special Attractions	
1	Guinness Book of World Records
2	Disha Vratam


Aarambh...

PARTICIPATION DETAILS :

- Each college can participate in 5 events.
- Only UG & PG Students can participate in any of 2 events.
- Registration fee Rs. 300/- only.
- Food and Accommodation is free for registered participants

CASH PRIZES :

1st Prize - 10000/-
2nd Prize - 7000/-
3rd Prize - 5000/-
Certificate, Trophy & Gift Hampers

PROGRAMME CO-ORDINATORS
Vd. Bhavdeep Ganatra • Vd. Anuraag Girdhar • Vd. Raman Ranjan • Vd. Namrata Kulshreshtha



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STEERING COMMITTEE

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- Sh. Shripad Yesso Naik (Min. of AYUSH)
- Sh. Kalicharan Sharda (Min. of Health, Rajasthan)

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CO-CHAIR

- Prof. Anis Khatib

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- Vd. Ash. Kumar Parje

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TREASURER

- Vd. Pooja Kohli

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- Vd. Chhagan Jangid
- Vd. Sudip Rath
- Vd. Gopesh Mangal

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- Prof. Srinivas Jyotsika (Patron NASYA)
- Sh. Rajni Pareek (Patron NASYA)
- Dr. S. Chhabra (Patron NASYA)

पधारो म्हारे देश



Registration will be stated soon at
www.raym.in

