

VAIDYARATNAM AYURVEDA FOUNDATION
Centre of Excellence in Ayurvedic Management of Chronic Joint Disorders
Vaidyaratnam Road, Thaikattussery, Ollur, Thrissur, Kerala-680306
Six Days Training on Kerala Panchakarma based on Ashtavaidya Tradition
Training Period 14-11-2016 to 19-11-2016

Course Content

DAYS	8.30 Am to 9.30 Am		10.30 to 12.30 Pm	12.30 to 2 Pm	2 Pm to 3 Pm	3.15 Pm to 4.15 Pm
1st Day	Registration	B R E A K F A S T	Inauguration	Lunch	Introduction to poorva karma & Critical analysis of Snehana	
			Introduction to Panchakarma			
2nd Day	Treatment visit / Patient Discussion / medicine preparation room		Kerala Speciality Treatment(an over view)		Demo - Abhyanga & Pizhichil	
3rd Day			Critical analysis of Vamana		Demo - Rooksha & Snigdha Pottali sweda	Kerala speciality on Swedana
4th Day			Critical analysis on Murdini thaila		Critical analysis of Vasthi	Demo - murdini thaila & Nasya
5th Day			Critical analysis of Virechana& Nasya		Demo - Matravasthi & Pradeshika vasthi	Visit to museum
6th Day			Demo - Kashaya vasthi		Oushadha Kalpana	Valedictory function

Other Details

The training programme will be held at Vaidyaratnam Ayurveda Foundation Near Durga temple, Ollur, Thrissur, Kerala.

Eligibility - Practicing Ayurveda Physicians.

Maximum Participants limited to 15.

Course fee Rs 12000 Including free Non A/C, Sharable accommodation. & standard vegetarian lunch and dinner.

Documents required - Copy of BAMS Degree Certificate and registration certificate, 2 Passport size photographs, Copy of Photo ID card

All participants must wear white overcoat during the training.

Registration will close one week prior to commencement of the training

The first 15 Registrations will be considered for the above Training. Remaining candidates will be accommodated in our next batch which will be intimated later on.

At the time of registration Rs 2000 has to be remitted by bank transfer. Selected participants to remit balance fee of Rs. 10000 directly at our office before training.

Our Bank Details

A/c Name : VAIDYARATNAM AYURVEDA FOUNDATION
Bank : DHANALAXMI BANK, THAIKATTUSSERY BRANCH
A/c No : 008605300001409
IFSC Code : DLXB0000086

For further details please contact

Course Director - Dr Sudheesh/ Unit Head - Mr S. Parameswaran - at 0487-243292, Email vaf2007@gmail.com