



**Workshop on Recent Advances in Management of Complex Fistula in  
Ano**

**August, 30<sup>th</sup> - 1<sup>st</sup> September, 2016**

**Banaras Hindu University, Varanasi, India**

**Organized by:**

**Department of Shalya Tantra, Faculty of Ayurveda,  
Institute of Medical Sciences.**



**Organizing Chairman**

**Prof. Manorajan Sahu**

**Vice- Chairman**

**Prof. Lakshman Singh**

**Organizing Secretary**

**Dr Arun Kumar Dwivedi**

**Co- Organizing Secretaries**

**Dr Gaurav Singh Rathore**

**Dr Awadhesh Kumar Pandey**

**All electronic correspondence should be sent to:**

**[nrcbhu@gmail.com](mailto:nrcbhu@gmail.com)**

**About Us:**

The Department of ShalyaTantra is situated in the "Dhanvantri Bhavan" of Faculty of Ayurveda, Institute of Medical Sciences, Banaras Hindu University. The Department was started initially in the name of Shalya-Shaklakya in the 1963 with a vision to impart Postgraduate teaching/training and conduct higher research activities in Shalya Tantra. Since its inception the Department has become a torch bearer in surgical advancements and contributed enormously in the development of surgical discipline in Ayurveda. At present, the Department is actively involved in multi-disciplinary research and clinical surgery activities with well equipped Operation Theater having all facilities for advanced surgical care and clinical research. The Department has been well known and recognized for valuable substantial contributions in the fields of Ano-Rectal Disease, Wound Management, Urinary Disorders etc. The personalities of highest order of academic excellence like Prof. P. J. Deshpande, Dr. P. S. Shankaran, Prof. L. M. Singh, Dr. R. C. Chaudhary, Dr. S. N. Pathak, Dr. S. B. Pande, Prof. K. R. Sharma and Prof. G. C. Prasad have served this department. In recent times, under the able leadership of present senior Faculty members and teachers, especially by the tireless efforts and excel of Prof M. Sahu, the Department has been recognized the resource center and “National Resource Center for Ksharasutra Therapy” has been established for the treatment of various Ano-Rectal diseases. An endless journey of developments, advancements and refinements is still on its way.

**Framework:**

In spite of all advancements in surgical tools and techniques the management of complex Fistula in Ano (FIAS) is still a challenge and chances of recurrence with complications like Incontinence and gross anatomical distortion are often. In fact, the treatment of FIAs depends a lot on diagnostic accuracy with almost perfect surgical skills. The Ksharasutra therapy has emerged as a gold standard technique to deal complex FIAs and, also, to address the mentioned issues in perfect manner. The newer techniques like LIFT, Interception of Fistulous Tract with Application of Ksharasutra (IFTAK) has been evolved and practiced well. These newer innovations proved to be of higher accuracy, with minimal damage to sphincter mechanism of the diseased. But most of the Surgeons involved in Ano-Rectal practice and using Ksharasutra therapy as a decision making tool, feel them handicapped in proper understanding the course and extend of disease in meaningful ways. The present workshop aims to expose the participants towards simple and exhaustive ways using such advances technique related to the diagnostics as well as the latest surgical intervention by interactive and practice based sessions along with theoretical learning. Well designed and structured training sessions covering the topics outlined in the program will be organized. The organization of workshop is in such a way that the issues related to proper management of Ano-Rectal diseases especially the Complex Fistula in Ano may be easily understood by even those participants/Surgeons who are in beginning phase of their Surgical career. The workshop will provide the different learning styles, with an emphasis on active interactive participation through live operative procedures running along with theory sessions. Participants will be provided an opportunity to handle and use various sophisticated tools available. Such hands on experience will be beneficial in learning the usability of such tools, techniques and instruments.

**Objectives (of workshop will be to):**

- ❖ To expose the participants towards simple and exhaustive ways of management of complex fistula in ano including the recent advancements like LIFT, IFTAK and etc.
- ❖ To provide a hands-on experience of the diagnostic tools and techniques for complex FIAs, like 16 channel anal Manometry, Sigmoidoscopy, Colonoscopy and Trans Rectal Ultra Sonography.

**Eligibility:**

Academicians, Practitioners and Researchers from the area of Shalya Tantra (holding PG degree), especially working in the area of Kshara karma and ano-rectal disorders and who are interested in learning and upgrading their knowledge with recent advancements related to tools and techniques for diagnosing and managing complex FIAs.

**How to Apply:**

The interested participants of various institutions may contact personally in working hours of any working day in the Department or send their dully filled attached application form by email (nrcbhu@gmail.com) before **15<sup>th</sup> August 2016**. Total 20 participants will be selected and the selection information will be sent to them before **20<sup>th</sup> August 2016** via email. Such selected candidate will be asked to deposit their registration fee i.e. Rs. 5000/- positively by **30<sup>th</sup> August 2016** in provided account.

(In special circumstances the candidates may deposit the required fee personally at anytime by the permission of Organizing Secretary. So they can request or contact him accordingly in person):

**NOTE:** The travel, accomodation and food will be beard by the candidates. The working lunch and refreshments will be provided by the organizers. Accommodation in University guest house can be arranged on request on self payment basis but subjected to the availability.

**Programme Contents:**

**Lectures and Hands on Training by Shalya faculty experts as well as the Modern faculties of concerned and related areas, covering:**

1. **Diagnosis and Challenges in treatment of Complex Fistula in Ano.**
2. **Recent advancements in techniques, including IFTAK and LIFT, etc.**
3. **Latest diagnostic tools as 16 channel anal manometry, TRUS and etc.**
4. **Kshara Sutra preparation and Standardization, new developments.**
5. **Other Ano-rectal diseases, their diagnosis and management.**
6. **Complications and Limitations, their solutions.**
7. **Radio-diagnostic tools & techniques- MR Fistulograms and etc.**
8. **The participants will be provided a kit with study material.**

**Persons to be contacted:**

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Dr Awadhesh Kumar Pandey <b>(Co- Organizing Secretary)</b>	Email: awadheshoct20@gmail.com Mobile No. 07376887965



**REGISTRATION FORM****Workshop on Recent Advances in Management of Complex Fistula in  
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<b>Name</b>		
<b>Designation</b>		<b>Organization:</b>
<b>Address</b>		
<b>City</b>		<b>State</b>
<b>Email:</b>		<b>Mobile:</b>
<b>Research Experience (in yrs)</b>		
<b>Please mention the topics which you want to learn in workshop (It will help us in better designing of workshop):</b>		
1		
2		
3		
4		

**For more details or queries feel free to contact us on email id: [nrcbhu@gmail.com](mailto:nrcbhu@gmail.com)**<http://internet.bhu.ac.in/seminar/seminar.php>.

Signature of the Applicant

Signature of forwarding authority  
(With seal)