INTERNATIONAL CONFERENCE ON
HOLISTIC MANAGEMENT OF ANNAYAHA
SROTAS VYADHIS

ON 2&3 SEP 2016

Organised by
P.G. Department of kayachikitsa,
Uttarakhand Ayurved University,
Rishikul campus, Haridwar, Uttarakhand, 249401

Sponsored by - Department of AYUSH, Govt. of India

At
Rishikul campus, Haridwar, Uttarakhand
ABOUT CONFERENCE

Rishikul Campus, Uttarakhand Ayurved University (formerly Rishikul State Ayurvedic College) was established by Pt. M. M. Malviya in 1919 as one of a pioneer teaching institution of Ayurveda. This institution being nurtured by Ayurveda’s most renowned icons from very beginning. It has developed many assets with the efforts of many dedicated personnels such as Vaidya Mukundilal Dwivedi ji, Vaidya Yadav ji Trikam ji, Vaidya Haridutt Shastri, Dr. R. K. Gupta and other eminent scholars of Ayurveda.

In this era of modernization various changes like irregular and improper dietary habits, lack of exercises, sedentary life style, stress and anxiety related to work, busy and hectic schedules at work have creeped in our life. Due to this fast life we fail to notice the rules of partaking of food and adopt faulty dietary habits. As consequences of these faulty dietary habits various serious ailments such as Sthoulya, Grahani, Amlapittaadhi Vyadhis are increasing alarmingly in the society.

The Department of Kayachikitsa of this institution is engaged in providing treatment for the various chronic, degenerative, lifestyle, geriatric, psychosomatic and incurable disease and in updating the recent advancement and incorporation of Holistic Approach. With these motives, P.G. Department of Kayachikitsa is going to organise an international conference on “Holistic Management of Annavaha Srotas Vyadhis” (HMAV) in the month of Sep of 2 days are intended to bring both physical and spiritual benefits of Ayurveda. We hope that the conference would be helpful for academicians and public at large to take action to utilize treatment and its holistic approach to deal with various ailments. This wonderful opportunity is co-facilitated by well-known Ayurved as well as others alternative Pathies consultant and practitioners.

The goal of the conference “Holistic Management of Annavaha Srotas Disorders” (HMAV) is advocacy and health awareness campaign, “From Heartburn to Constipation - Common GI Symptoms in the Community: Impact Interpretation and management through Ayurveda”, is to help Ayurveda scholars, Academician, to understand these GI diseases, what they may mean and how they should be appropriately and effectively managed through Ayurveda.

- The aim of the seminar is to create awareness about and advocate Holistic management in various GI ailments.
- The principal focus of this event is to provide a common scientific platform for discussing about the emerging trends and updated practices of Ayurveda, Yoga, Naturopathy and Siddha.
- During the scientific sessions, experts from academic and research institutions are expected to contribute their valuable thoughts and practices in new trends in and all the dimensions of Treatment Pathies.
- The program will provide students with a fundamental understanding of principles of Ayurveda and other approaches.
- Key note address, selected papers presentations, panel discussions are the main events. Delegates from all over the country including scientists, academician’s practitioners, and post graduate students will participate.
To make more authentic, fruitful and target oriented discussion, following subjects are selected as theme for the conference.

1. Specialized Ayurveda practices in specific disease conditions
2. Researches and innovations in Kayachikitsa.
3. Role of Ayurveda in Public health Scenario.
   - Concept of Agni & present perspective
   - Grahani Roga with its modern as well as Ayurvedic approach
   - Role of Ayurveda in the management of Udar Roga
   - Pathophysiology & Pharmacological approach to Shoola & Amlapitta Roga
   - Role of Shodhan Therapy in the management of Annavaha Srotas
   - Role of Pathya-Apathya & Yoga in the management of Annavaha Srotas

CALL FOR PAPERS

Abstract with Research papers on selected theme will be invited from the researchers, clinicians, academicians and people from allied science working in the field of Kayachikitsa and will be scrutinized by scientific committee.

FORMAT FOR ABSTRACT

- Length of the abstract - 200 words which will include figures, tables & references.
- Title of the abstract - in initial capitals should be written in times roman 12 point bold font with centre alignment.
- Names of all the authors should be written in initial capitals in 10 points times roman font’s two spaces below the title, followed by details of all of the authors.
- E-mail address of the author presenting the paper should be written one space below the names and affiliations of the authors.
- The main text of the abstract should be written in times roman 10 points font two spaces below the authors.

FULL PAPER

- Full paper should be written in research paper manner with times roman 10 points fonts with line spacing of 1.5
- All tables and figures should be arranged as close to the relevant portion of the text as possible.

POSTER PRESENTATION

- Space will be available for poster exhibition; criteria of selection will be same as for the papers.
- Poster size 4 x 3ft. with four holes on each corner with rebate.
- Poster should be preferably of flex material.
- Title of the poster followed by name of author and co-authors on the top.
- Details of author and co-authors at the bottom.

SCRUTINY OF PAPERS

1. The papers will be scrutinized by an expert / scientific committee.
2. The selected works graded based on the scientific validation will be included for presentations (oral, poster) at the sessions.

REGISTRATION FOR CONFERENCE

FEE:

<table>
<thead>
<tr>
<th>Participants</th>
<th>Before/ on 30 July</th>
<th>After 30 July.</th>
<th>Spot</th>
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<tr>
<td>Delegates</td>
<td>1200</td>
<td>1700</td>
<td>2000</td>
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<tr>
<td>M.D. Scholars</td>
<td>1000</td>
<td>1200</td>
<td>1500</td>
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<tr>
<td>Students U.G.</td>
<td>500</td>
<td>600</td>
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OUTCOME OF THE EVENT

A Souvenir will also be published containing abstracts and full papers which are going to be presented in conference.

EVENT HIGHLIGHTS

- Discussion with experts
- Poster Exhibition & Competition
- Panel Discussion

TIME FRAME

Please send the Abstract of the paper on or before 15 July 2016 and the full paper on or before 30 July 2016.

- Normal Accommodation will be provided at Rs. 500/- for two days
  Premium Non AC/AC Room (Double Bed) Rs. 500 & 700/ Head/Day
- Demand drafts (of any nationalized bank) are accepted in favor of “Secretary HMAV”, payable at Haridwar (Uttarakhand)
- Fee can be deposited in bank directly in A/c no - Haridwar (Uttarakhand).
- Filled registration form along with demand draft or payment slip of bank should reach before 30 July 2016.
- Registration fee will include breakfast, Lunch, Dinner, seminar kit and workshop fee.

Address for communication:
Dr. O.P Singh
(Organising Secretary HMAV)
P.G. Dept. of Kayachikitsa
Uttarkhand Ayurved University,
Rishikul campus, Haridwar (Uttarakhand) 249401
Mob: +91-9411503035
e-mail: dr.opsingh63@gmail.com
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Technical Advisors

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<tr>
<th>Name</th>
<th>Department/Institution</th>
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<tr>
<td>Prof. Swapnil Suresh</td>
<td>Deptt. Of K.C, Gurukul Campus</td>
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<td>Dr. Punita Pandey Asso. Prof.</td>
<td>KCdeptt, Gurukul Campus</td>
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<td>KCdeptt Gurukul Campus</td>
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<td>MO Gurukul Campus</td>
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<td>Prof. R.H. Singh</td>
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<td>Acharya Bal Krishna</td>
<td>Vice chancellor, Patanjali University, Haridwar</td>
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<tr>
<td>Dr. Abhimanyu Kumar</td>
<td>Director AIIA New Delhi</td>
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<tr>
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Prof. Rajni Sushma H.O.D A & U Tibbia college New Delhi  
Dr. Ashwini Kamboj Director, uttarakhand Ayurvedic college Dehradun

### SCIENTIFIC ADVISORY COMMITTEE

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<td>IMS, BHU</td>
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<td>Prof. B.L. Mehra</td>
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<td>HAC Rishikesh</td>
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<td>Prof. Meena Ahuja</td>
<td>Prof. R.B. Sati</td>
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<td>Prof. Anup Kumar Gakkhar</td>
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<td>Prof. Gunjan Sharma</td>
<td>Dr. R. K. Gautam</td>
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Designation:

Institution: ……………………………………………………………………………………………
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Address for Correspondence: ………………………………………………………………………
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Mobile No.: ………………………………………………………………………………………..

Email I/D: …………………………………………………………………………………………..

Topic of Presentation: ………………………………………………………………………………
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Accompanying Person: 1. ……………………………………………………………………….
2. …………………………………………………………………………………………….

Demand Draft No / Payment slip No. ……………………………………………………………

Dated …………………………………………………………………………………………….

Name of Bank: ……………………………………………………………………………………..

Accomodation Required …………………………….. Yes / No

(Normal Accommodation will be provided at Rs. 500/- for two days)

PREMIUM ACCOMODATION:

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