



Centenary Year Celebration of Banaras Hindu University
WORKSHOP ON PERSONALITY DEVELOPMENT AND CAREER BUILDING-2016
(For UG AYUSH Students)
JOINTLY ORGANIZED BY
DEPARTMENT OF VIKRITI VIGYAN
AND
VISHWA AYURVED PARISHAD
(Date: 07- 09 December 2016)

**Venue – Seminar hall, Department of Vikriti Vigyan, Faculty of Ayurveda, IMS, BHU,
Varanasi, 221005**

Dear Students,

AYUSH system of medicine gained momentum all over the world, because of newly emerging trends of disease diathesis and failure of conventional system of medicine in the management of variety of disorders. Now the scientists & research scholars are inclined towards the fulfilling the gap between different systems of medicine and perhaps such type of movement will be futuristic global medicine that includes the best medicaments and therapeutic skills from different healthcare resources. As modern medicine with its strong synthetic chemical drugs, fails to combat the nature of human being while the traditional medicine met every challenge in a natural way. Patients from all over the world are coming to India to get remedy for their health problems through AYUSH system of medicine. Popularity of the system and demand for AYUSH practioners are on the rise but students are still in dilemma whether they will be successful in their life as a health professional or not. The present AYUSH graduates are laborious, sincere and energetic but they are suffering with unwanted sets of inferiority complex, which is not fruitful for the system as a whole and also for their future progress. The role of colleges and teachers are not in favor for their holistic development. They are only confined to classrooms and unaware with the global acceptance of the subject. Therefore, interests of the students are reducing day by day in clinical practice of AYUSH system of medicine. In this emerging scenario, as a part of Centenary celebration of BHU, the **Department of Vikriti Vigyan, Faculty of Ayurveda, I.M.S, B.H.U** and **Vishwa Ayurved Parishad** feel that the students of AYUSH should get proper exposure to achieve total upliftment of their goal as AYUSH professionals and make them aware with the current trends in the present challenging global health scenario. Keeping this fact in the mind like previous years, we are going to organize a three-day workshop on the topic ***“Personality development and Career Building-2016”***.

The workshop consists of different guest lectures by the renowned scholars of different fields. The topics, which will be covered in this workshop, are usually not taught by the teachers at U.G. level. The workshop attracts with its unique peaceful atmosphere under daily-routine activity as cross-interactions with intellectual member of different field and sharing of views with the colleagues of different institutions.

Rules and Regulations

1. Eligibility:

Students studying in Graduate course of AYUSH including interneers are eligible to participate in this workshop. Maximum 4 students are permissible from one college. The participants should come when they are physically and mentally fit.

2. The participants should bring necessary articles for their daily purpose such as-

- A. Pen, copy, sketch pen, pencil, rubber etc.
- B. Keep necessary clothes according to season because program is going to be conducted in December, hence we request you to come prepared and bring at least one blanket & bed sheet.
- C. Costly articles such as camera, gold chains, laptop etc. should be avoided.
- D. This workshop is not for outing or picnic. It is essentially for learning, so always keep in mind and you have to follow the rules and regulations of the workshop.
- E. Sincerity, punctuality and regularity should be followed throughout the workshop.
- F. Irregularity will not be tolerated and stick to the time given to attend the workshop.

3. Workshop fee: Each participants should pay Rs-**600/-** for the 3 days workshop. Payment may be made either by demand draft in the favor of “**Vishwa Ayurveda Parishad**” payable at **Varanasi** or in cash.

4. The duly filled application form along with the payment should reach the following address latest by 4th Dec.-2016 either by hand or speed post or courier.

Dr.P.S.Byadgi, Organizing Secretary

Department of Vikriti Vigyan Faculty of Ayurveda

IMS, BHU, Varanasi-221005, U.P E.mail: psbyadgi@rediffmail.com;

psbyadgi@gmail.com

- 5. The participants should have Xerox copy of the draft and registration form at the time of workshop.
- 6. The seats are limited (maximum number of the participants is 30).
- 7. Priority will be given to those participants who apply the workshop early and timely.
- 8. Moderate facility of staying along with breakfast, lunch and dinner will be provided by the organizing committee.

Members of Advisory Committee

Dean- Head, Department of Samhita and Sanskrit, Faculty of Ayurveda, IMS, BHU

Dean- Head, Department of Kaumarbhrityal Balroga, Faculty of Ayurveda, IMS, BHU

Prof. Anil K.Singh, Head, Department of Dravya Guna, Ayurveda, IMS, BHU

Prof. J.S.Tripathi, Head, Department of Kaya Chikitsa, Ayurveda, IMS, BHU

Dr. K. Patwardhan, Head, Department of Kriya Sharir, Ayurveda, IMS, BHU

Prof. T. D. Singh, Head, Department of Medicinal Chemistry, Ayurveda, IMS, BHU

Prof. K.N. Singh, Head, Department of Rachana Sharir, Ayurveda, IMS, BHU

Prof. Anand Kumar Choudhary, Head, Department of Rasa Shastra, Ayurveda, IMS, BHU

Prof. M. Dwivedi, Head, Department of Prasuti Tantra, Ayurveda, IMS, BHU

Prof. K.K. Pandey, Head, Department of Sangyahan, Ayurveda, IMS, BHU

Prof. B. Mukhopadhyay Head, Department of Shalakya Tantra, Ayurveda, IMS, BHU

Prof. L.Singh, Head, Department of Shalya Tantra, Ayurveda, IMS, BHU

Prof. B.K. Dwibedy, Head, Department of Shiddhant & Darshan, Ayurveda, IMS, BHU

Dr. Neeru Nathani, Head, Department of Swasthavritta & Yoga, Ayurveda, IMS, BHU

Patron:**Prof. M. Sahu**, Dean, Faculty of Ayurveda, IMS, BHU**Dr. K. K. Dwivedi**, Asso. Prof. & H.O.D., Deptt. of Kaya Chikitsa & Panchakarma, Govt. Ayurvedic College and Hospital, Varanasi**Organizing Chairmen :****Prof. A.C. Kar**,

Head, Department of Vikriti Vigyan, Faculty of Ayurveda, IMS, BHU

Mob. 09415381727

Email: karanukul@rediffmail.com**Organizing secretary:****Dr. P. S. Byadgi**Associate Professor
Deptt. of Vikriti Vigyan
Faculty of Ayurveda,
IMS, BHU, Varanasi
Mob. 9450711759Email: psbyadgi@gmail.com**Treasurer –****Dr. Ashutosh Pathak**, Assistant Professor, Dept. of Rachana Sharir, Faculty of Ayurveda, IMS, BHU
Mob. 09415812548E.mail-ashu_ayurved@yahoo.co.in**Jt. Organizing secretaries:****Dr. K.N. Murthy**, Associate Professor, Dept. of Kaya Chikitsa, Faculty of Ayurveda, IMS, BHU Varanasi,
9415813570**Dr. Ajai Kr. Pandey**, Assistant Professor, Dept. of Kaya Chikitsa, Faculty of Ayurveda, IMS, BHU Varanasi,Mob. 09452827885, Email: drajaipandey@gmail.com**Dr. Priyadarshini Tewari**, Assistant Professor, Department of Vikriti Vigyan, Faculty of Ayurveda, IMS, BHU Email: Pgtpriya55@gmail.com**Mob.**08090029260**Dr. Vijay Kr. Rai**, Assistant Prof. in Swasthavritta, State Ay. College, S.S.U., VARANASI. Mob. 09532340500
Email: raivijay07@rediffmail.com**Dr. Manish Mishra**, Assistant Professor, Dept. of Kaya Chikitsa, State Ay. College, S.S.U., VARANASI
Mob.09415896482E.mail:manish.arnav@gmail.com**Dr. Anurag Pandey**, Assistant Professor, Department of Vikriti Vigyan, Faculty of Ayurveda, IMS, BHU**Mob.**09918748874 E.mail: dr.anuragpandey@yahoo.in**Members of Organizing Committee:**

Prof. K. N. Dwivedi (Varanasi):

Prof. S.N. Singh (Varanasi):

Prof. J.S. Tripathi (Varanasi):

Prof. O.P. Singh (Varanasi)

Dr.H.H. Awasthi (Varanasi)

Dr. B. K. Parashar (Mathura):

Dr. A.K. Dwivedi (Varanasi):

Dr. Rajendra Prasad (Varanasi)

Dr. Vijay Shrivastava (Varanasi)

Dr. Rani Singh (Varanasi)

Dr. B.P. Tripathi (Rewa)

Dr. A.K. Rai (Varanasi)

Dr. R.K. Gupta (Varanasi)

Dr. Jaiprakash Singh (Varanasi)

Dr. O. P. Tiwari (Khurja):

Dr. Vipin Mishra (Jhansi):

Dr. Sanjay Srivastava (Aligarh):

Dr. Rakesh Mohan (Handia):

Dr. Punit Mishra (Lucknow):

Dr. Dhananjay Singh (Aligarh):

Dr. Pawan K Chaubey (Pilibhit):

Dr. Prashant kumar (Muzzafarnagar):

Dr. Ajay Kumar (Varanasi)

Tentative Topics:

1. Career options in Ayurveda
2. Image crisis and image building.
3. Personality development
4. Psychotherapy/Counseling/*Sattvavajaya*
5. Global Advancement in Ayurveda.
6. Rejuvenation therapy.
7. Cosmetic problems and its management.
8. Industrial options in Ayurveda
9. Private practice as a career.
10. Herbal farming.
11. Medico legal issues of AYUSH doctors
12. Communication skills and interaction.

13. Web Designing
14. Health tourism & Ayurveda
15. Time management.
16. Entrepreneurship.
17. Value study and Ayurveda
18. Medicinal importance of cow products.
19. Clinic & office management.
20. Ethical issues in doctor and patient relationship
21. Strength and weakness of Ayurveda.
22. E-commerce, information and communication technology.

Centenary Year Celebration of Banaras Hindu University

**WORKSHOP ON PERSONALITY DEVELOPMENT AND CAREER BUILDING-
2016**

(For UG AYUSH Students)

**JOINTLY ORGANIZED BY
DEPARTMENT OF VIKRITI VIGYAN
AND**

VISHWA AYURVED PARISHAD

**Venue – Seminar hall, Department of Vikriti Vigyan, Faculty of Ayurveda, IMS, BHU,
Varanasi, 221005**

(Date: 07- 09 December 2016)

Application form

1. Name of participant.....
2. Fathers name
3. Address for Correspondence
.....
.....
4. Phone No./Mobile No.
5. E.mail
6. Name of the College studying with full address.....
.....
.....
7. Year of passing/Pursuing professional course/ Internee
.....
8. Whether attended previous workshop.....
(Mention Name & place)
9. Detail of Fee (draft No., date & Bank Name)/ Cash.....
.....
10. Where did you get information about this workshop.....
(Internet/Web site/College/Personal/E. mail)

Paste your recent
passport size
photograph

**Forwarding authority/
Principal of the college**

Signature of the applicant